### NAMI National Convention Denver. July 6-9, 2016 Act. Advocate. Achieve.

# **#NAMICON16**

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### **CONVENTION AT-A-GLANCE**

### WEDNESDAY, JULY 6

9:30 a.m. – 12:00 p.m.	Council Business Meetings
9:30 a.m. – 12:00 p.m.	Affiliate Leaders Networking
10:00 a.m. – 1:00 p.m.	NAMI Program Fair
1:00 – 4:00 p.m.	Advancing Recovery Through Research and Technology
	1:00 – 1:45 p.m MyStrength: Accessing Mental Health and Wellness Tools Online
	2:00 – 3:15 p.m Transformation: Broad Spectrum Approaches to Promote Recovery and Resilience in Schizophrenia
	3:30 – 4:00 p.m The Use of Technology as a Tool to Assist People Living with Mental Illness in Their Recovery Process: Results and Discussion of an Online Survey of People Living with Schizophrenia
3:00 – 5:00 p.m.	Education Program Directors Meeting
4:00 – 7:00 p.m.	Exhibits Open
4:30 – 5:15 p.m.	Convention Orientation
5:30 – 6:30 p.m.	Speeches by NAMI Board Candidates
7:00 – 8:00 p.m.	Advocacy Networking
7:30 – 9:30 p.m.	Open Mic Performance Night

### THURSDAY, JULY 7

8:00 a.m. – 4:00 p.m.	Exhibits Open
9:00 – 10:15 a.m.	Opening Plenary Session
10:45 a.m. – 12:00 p.m.	Workshops (Group A)
1:00 – 2:00 p.m.	Open Mic with the NAMI Board
2:15 – 3:45 p.m.	<ul> <li>Major Topic Symposia</li> <li>Cutting through the Election Noise to #Act4MentalHealth</li> <li>Psychological, Social and Spiritual Faith Journeys for Veterans and Military Personnel</li> <li>Stepping Up: A Plan for Reducing Incarceration of People with Mental Illness</li> <li>We Can't Wait! The Public Health Imperative for First Episode Psychosis Programs</li> </ul>
4:00 – 4:45 p.m.	State Caucuses (Group One)
5:00 – 5:45 p.m.	State Caucuses (Group Two)
6:30 – 7:30 p.m.	Grieving Support Group
6:30 – 7:30 p.m.	Substance Abuse Recovery Support Group
7:00 – 8:30 p.m.	NEA.BPD Family Connections Leader Gathering
7:30 – 9:00 p.m.	NAMI Connection Recovery Support Group
7:30 – 9:00 p.m.	NAMI Family Support Group
7:30 – 9:00 p.m.	Special Presentation: stigma <i>free</i> Business Panel
9:15 – 9:45 p.m.	Veterans Candlelight Vigil

FRIDAY, JULY 8	
8:00 a.m. – 4:00 p.m.	Exhibits Open
8:45 – 10:00 a.m.	<ul> <li>Research Updates (Group One)</li> <li>Depression</li> <li>Schizophrenia</li> <li>Schizoaffective Disorder</li> </ul>
9:00 a.m. – 6:00 p.m.	Voting
10:30 – 11:45 a.m.	<ul> <li>Research Updates (Group Two)</li> <li>Bipolar Longitudinal Studies: Impact and Future State</li> <li>Borderline Personality Disorder</li> <li>First Episode Psychosis</li> <li>PTSD</li> </ul>
12:15 – 1:45 p.m.	Poster Sessions
1:00 – 1:45 p.m.	Current and Emerging Priorities at SAMHSA
2:00 – 3:15 p.m.	Workshops (Group B)
3:30 – 4:45 p.m.	<ul> <li>"How-To" Sessions</li> <li>How to Bring NAMI on Campus to Your Community</li> <li>How to Build Criminal Justice Partnerships with Confidence</li> <li>How to Complete the Re-Affiliation Process</li> <li>How to Convince Someone to Get Treatment: The Tough First Step</li> <li>How to Develop Collaborative and Proactive Solutions (CPS): The Ins and Outs of "Plan B"</li> <li>How to Erase Stigma in the LGBTQI Community</li> <li>How to Help Your Child Handle Stress and Anxiety</li> <li>How to Respond to Survivors of Suicide: Words and Resources</li> <li>How to Tell Your Story and Change the World</li> <li>How to Use Service Dogs in Mental Health Recovery</li> <li>How to Use Technology, Social Media and Data Science to Prevent Veteran Suicide</li> </ul>

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5:00 – 6:00 p.m.	Interfaith Prayer-and-Share Service
5:00 – 6:15 p.m.	Bringing Youth and Young Adults to NAMI's Stigma <i>free</i> Campaign
6:30 – 7:30 p.m.	Medication-Supported Recovery Support Group
7:30 – 9:00 p.m.	NAMI Connection Support Group
7:30 – 9:00 p.m.	NAMI Family Support Group
7:30 – 9:30 p.m.	Friday Night at the Movies: Touched with Fire

### SATURDAY, JULY 9

8:45 – 10:30 a.m.	Research Plenary
10:45 a.m. – 12:00 p.m.	Act. Advocate. Achieve (NAMI Annual Business Meeting)
1:45 – 4:15 p.m.	<ul> <li>Training and Policy Institutes</li> <li>Information, Support and Education Institute</li> <li>Effective Engagement: Why it Matters and How You Can Bring it Home</li> </ul>
4:30 – 5:30 p.m.	<ul> <li>Special-Interest and Networking Meetings</li> <li>Consumer Council Networking</li> <li>Developing Information and Engagement Services for the NAMI Community</li> <li>Federal Legislative Briefing</li> <li>NAMI Education Classes</li> <li>NAMI FaithNet Networking</li> <li>NAMI National Veterans and Military Council Networking</li> <li>NAMI Spanish Programs</li> </ul>
7:00 – 9:00 p.m.	Closing Banquet

### **MEETING ROOM LOCATIONS**

### PLAZA BUILDING

### Concourse Level

- Governor's Square 9 (Welcome Center)
- Governor's Square 10-17
- Plaza Ballroom
- Plaza Court 1 (Bookstore)
- Plaza Court 2-8
- Plaza Foyer (Registration, Exhibit Hall)

### **TOWER BUILDING**

### Second Level

- Grand Ballroom
- Tower Court A, B, C, D
- Windows

### Mezzanine

- Century
- Colorado
- Denver
- Gold • Silver

- Spruce



### **Congratulations to the NAMI 2016 Exemplary Psychiatrists!**

To be considered for the 2016 Exemplary Psychiatrist Awards, an individual must have set an example for his or her professional colleagues. NAMI would like to recognize and thank those psychiatrists who have made substantial contributions to NAMI Affiliate or NAMI State Organization activities. These are the doctors who have "gone the extra mile" with NAMI members in ways such as:

- ~ Working alongside NAMI members for access to care, research, funding, or other NAMI priorities
- ~ Ensuring that the NAMI perspective helps shape state and local services
- ~ Providing comprehensive treatment to individuals living with mental illness including medical, rehabilitative and social needs
- ~ Educating family members and/or individuals living with mental illness
- ~ Educating the public and fighting against prejudice and discrimination

Frank J. Pieri, M.D.	Marie Elena Hasson, M.D.
John Battaglia, M.D.	Alex Sabo, M.D.
Uma Srivastava, M.D.	Ujjwal P. Ramtekkar, M.D.
Mauricio Tohen, M.D.	Gary Christenson, M.D.
Gwendolyn Jones, M.D.	Judith Kashtan, M.D.
Hendry Ton, M.D.	Douglas A. Smith, M.D.





McLean Hospital

McLean Hospital joins NAMI in its mission of restoring the lives of those living with psychiatric illness.



### Patient Care | Research | Education

Belmont, Mass. www.mcleanhospital.org 1.800.333.0338 PARTNERS.

### Where there's hope, there's grace.

NAMI is a proud partner of the hope & grace initiative, which represents an unprecedented and unending commitment by philosophy to support mental health and well-being.

The hope & grace fund supports community-based mental health efforts to overcome stigma, provide access to treatment and foster support networks for women with mental illness.



In 2013, the National Alliance on Mental Illness, the National Council for Behavioral Health, Otsuka Pharmaceutical Development & Commercialization, Inc. and Lundbeck launched Connect 4 Mental Health (C4MH), a nationwide initiative calling for communities to prioritize serious mental illness.



### Community organizations can apply for the C4MH Community Innovation Awards and be the next model for change.

C4MH is pleased to launch the second annual Community Innovation Awards to recognize community organizations implementing innovative, collaborative approaches to address serious mental illness. Each winner will receive:

- A \$10,000 award to support program efforts
- Access to experts from exemplary community-based programs that have previously been recognized by C4MH as "national success communities"

For more information or an application, please visit www.connect4mentalhealth.com. Application deadline is July 22, 2016.



### **CONVENTION OPENING HOURS**

### Registration

#### Plaza Building: Concourse Level, Plaza Foyer

Wednesday, July 6
Thursday, July 7
Friday, July 8
Saturday, July 9

8:30 a.m. - 6:00 p.m. 8:30 a.m. - 5:30 p.m. 8:30 a.m. - 5:00 p.m. 8:30 a.m. - 1:30 p.m.

### NAMI Information Desk

#### Plaza Building: Concourse Level, Plaza Foyer

Wednesday, July 6	8:30 a.m 6:00 p.m.
Thursday, July 7	8:30 a.m 5:30 p.m.
Friday, July 8	8:30 a.m 5:00 p.m.
Saturday, July 9	8:30 a.m 5:00 p.m.
Ask about NAML the Convention.	restaurants and more.

### Welcome Center

*Governor's Square 9* Wednesday, July 6

Thursday, July 7

Friday, July 8

6:00 - 8:00 p.m. 10:00 a.m. - 8:00 p.m. 10:00 a.m. - 8:00 p.m. 10:00 a.m. - 4:00 p.m.

Saturday, July 9 10:00 a.m. - 4:00 p.m. NAMI extends a special welcome to people living with mental illness attending the Convention and offers several special services sponsored by Beacon Health Options.

### Exhibit Hall

### Plaza Building: Concourse Level

Wednesday, July 64:00 - 7:00 p.m.Thursday, July 78:00 a.m. - 4:00 p.m.Friday, July 88:00 a.m. - 4:00 p.m.Resources and information about publications, facilities, products and services of interest to NAMI members. Make sure to<br/>stop by and visit our exhibitors.

### NAMI Bookstore

#### Plaza Building: Concourse Level, Plaza Court Room 1

 Thursday, July 7
 8:00 a.m. - 4:00 p.m.

 Friday, July 8
 8:00 a.m. - 4:00 p.m.

 Saturday, July 9
 8:00 a.m. - 2:00 p.m.

Various books of interest to people living with mental illness, their families and treatment professionals, as well as book signings by notable authors.

### **Press Room**

### Plaza Building: Concourse Level, Plaza Court Room 7

Press and media check-in to receive a media pass.

### CE (Continuing Education) Check-In Located at NAMI Information Desk

### Plaza Building: Concourse Level, Plaza Foyer

Wednesday, July 6	
Thursday, July 7	
Friday, July 8	
Saturday, July 9	

3:00 - 6:00 p.m. 8:30 a.m. - 5:30 p.m. 8:30 a.m. - 5:00 p.m. 8:30 a.m. - 5:00 p.m.

### Link@ Sheraton

Lobby

Complimentary computer and Wi-Fi access 24/7.

### Penfield's Business Center

Lobby	
Monday – Friday	7:00 a.m. – 8:00 p.m.
Saturday & Sunday	8:00 a.m. – 4:00 p.m.

### NAMI Council Meet & Greet

### Plaza Ballroom Foyer

Thursday, July 711:00 a.m. - 2:00 p.m.• NAMI Veterans and<br/>Military Council<br/>• NAMI Consumer Council2:00 - 5:00 p.m.

Friday, July 8

- NAMI Consumer Council 11:00 a.m. 2:00 p.m.
- NAMI Veterans and 2:00 5:00 p.m. Military Council

Meet council & advisory group members & ask about activities.

#### Ask Us About NAMI Education Booth *Plaza Ballroom Foyer*

Thursday, July 71:00 - 5:00 p.m.Friday, July 810:00 a.m. - 3:00 p.m.Visit the "NAMI Education" booth to meet NAMI Educationstaff and get information about NAMI Education programs.

### Mental Health Channel Drop-In Room Tower Building: Mezzanine Level: Spruce

Wednesday – Saturday 10:00 a.m. – 5:00 p.m. Visit the MHC drop-in room to relax and enjoy new episodes from the PBS series, "Stories of the Mind," which premiered in May across the country, and find out how to request a premiere in your area in the fall. The series is a great free resource to bring hope and awareness to your chapter, group, family and community. MentalHealthChannel.tv is an online channel delivering innovative mental health programming to help every viewer achieve optimum mental wellness. The channel is free to view, free to share and commercial-free.

### 2015-2016 NAMI BOARD OF DIRECTORS



Marilyn Ricci, M.S., R.D., 2017 PRESIDENT Canton, Conn.a



Janet M. Edelman, M.S., 2017 FIRST VICE PRESIDENT Columbia, Md.



Ron Morton, M.A., 2017 SECOND VICE PRESIDENT Knoxville, Tenn.



Gary Mihelish, D.M.D., 2016 TREASURER Helena, Mont.



Dana Foglesong, 2016 SECRETARY Fort Myers, Fla.



Lacey Berumen, Ph.D., M.N.M., 2016 Denver



Joyce Burland, Ph.D., 2016 New Orleans



Victoria Gonzalez, 2018 Londonderry, N.H.





Jim Hayes, M.D., 2017 Greer, S.C.





Linda E. Jensen, Ph.D., R.N., M.N., 2016 Papillion, Neb.



Adrienne Kennedy, M.A., 2017 Austin, Texas







Bob Spada, M.B.A, 2018 North Royalton, Ohio

Gloria M. Walker, M.B.A., 2018 Cincinnati, Ohio



Michael Weaver, M.S.Ed., 2016 Charlotte, N.C.



### **VOTING INFORMATION**

Voting is done by credentialed delegates and proxies on behalf of NAMI Affiliates and NAMI State Organizations. As a result, most Convention attendees do not vote. However, all NAMI members can get to know the individuals who will represent them for the next three years. There are several opportunities to get to know these NAMI leaders:

- Consult the spring 2016 issue of the Advocate for more information about the candidates. Copies are available at the NAMI Information Desk, located next to registration on the Ballroom level of the hotel.
- Listen to candidate speeches, scheduled for Wednesday, July 6, from 5:30 6:30 p.m. in Plaza Ballroom A.
- Check out www.nami.org/voting for the candidates' letters of nomination, what they think are the important issues facing NAMI, short speeches that they recorded earlier this year and their photos.
- Visit the candidate posters in the Governor's Square Foyer to learn more about each candidate.
- · Candidates are wearing red, white and blue "candidate" ribbons on their name badges. Members are encouraged to engage with them to learn about what they hope to accomplish on the NAMI Board of Directors.

Voting will take place on Friday, July 8, from 9:00 a.m. - 6:00 p.m. Credentialed NAMI Affiliate and NAMI State Organization representatives should report to Plaza Court 8 to cast their ballots. Winning candidates for the NAMI Board of Directors will be announced at the Business Meeting on Saturday, July 9, from 10:45 a.m. - 12:00 p.m.

2016 BOARD CANDIDATES



John Freeburg Nominated by NAMI Washington (State



Jacqueline Martinez



Nora Lott Haynes, Nominated by NAMI Georgia





Charma Dudley, Ph.D. Nominated by NAMI Southwestern Pennsylvania (Pennsylvania)

Lacey Berumen, Ph.D., M.N.M. Nominated by NAMI Colorado Springs (Colorado)



Shirley Holloway, Ph.D. Nominated by NAMI Alaska

#### Leslie El-Sayad Nominated by NAMI Tennessee

Barbara Ricci Nominated by NAMI New York City Metro (New York)

Nominated by NAMI Massachusetts

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Beacon Health Options is proud to sponsor the **2016 NAMI National Convention** | July 6-9, 2016



We invite you to join us at the Welcome Center in Governor's Square 9 and visit us in the exhibit hall at Booth 206.

beaconhealthoptions.com







### WEDNESDAY JULY6

### 9:30 a.m. – 12:00 p.m. NAMI COUNCIL BUSINESS MEETINGS

Governor's Square 17 Governor's Square 16 Governor's Square 10 Governor's Square 14	State Presidents Executive Directors Group National Veterans and Military Council (NVMC) Consumer Council The Gloria Huntley Award will be presented to Bill Lichtenstein at this session The Ken Steele Award will be presented to Alicia Smith at this session
9:30 a.m. – 12:00 p.m. Governor's Square 15	NAMI AFFILIATE LEADERS NETWORKING
10:00 a.m. – 1:00 p.m.	NAMI PROGRAM FAIR
Plaza Ballroom D	Don't miss this opportunity to learn more about NAMI's Education programs, CIT programs, NAMI FaithNet, Field Capacity & Governance and Membership. Visit the Ask the Doctor table, take photos with props at our program fair photo booth and join NAMI staff for a lively Q&A on key treatment, policy, legal and public affairs issues.
10:30 – 11:15 a.m. Plaza Ballroom E	<ul> <li>Q&amp;A with NAMI Policy Staff</li> <li>Darcy Gruttadaro, J.D., Director of Advocacy, NAMI, Arlington, Va.</li> <li>Ron Honberg, J.D., Senior Policy Advisor, NAMI, Arlington, Va.</li> <li>Andrew Sperling, J.D., M.A., Director of Legislative Affairs, NAMI, Arlington, Va.</li> </ul>
11:30 a.m. – 12:00 p.m. Plaza Ballroom E	<ul> <li>Q&amp;A with NAMI Communications Staff</li> <li>Katrina Gay, National Director, Communications &amp; Public Affairs, NAMI, Arlington, Va.</li> </ul>
1:00 – 4:00 p.m.	SPECIAL PROGRAM TRACK: ADVANCING CE 2.50 RECOVERY THROUGH RESEARCH AND TECHNOLOGY
Plaza Ballroom A 1:00 – 1:45 p.m.	<ul> <li>myStrength: Accessing Mental Health and Wellness Tools Online</li> <li>Scott R. Cousino, M.B.A., Chief Executive Officer and Co-Founder, myStrength, Inc., Denver</li> <li>Moderator: Ken Duckworth, M.D., Medical Director, NAMI, Arlington, Va.</li> </ul>
2:00 – 3:15 p.m.	<ul> <li>Transformation: Broad Spectrum Approaches to Promote Recovery and Resilience in Schizophrenia</li> <li>Paul Grant, Ph.D., Assistant Professor, Perelman School of Medicine, University of Pennsylvania, Philadelphia</li> <li>Aaron Brinen, Psy.D., Staff Psychologist, Perelman School of Medicine, University of Pennsylvania, Philadelphia</li> <li>Ellen Inverso, Psy.D., Staff Psychologist, Perelman School of Medicine, University of Pennsylvania, Philadelphia</li> <li>Moderator: Ken Duckworth, M.D., Medical Director, NAMI, Arlington, Va.</li> </ul>
3:30 – 4:00 p.m.	<ul> <li>The Use of Technology as a Tool to Assist People Living with Mental Illness in Their Recovery Process: Results and Discussion of an Online Survey of People Living with Schizophrenia</li> <li>Ken Duckworth, M.D., Medical Director, NAMI, Arlington, Va.</li> <li>Katrina Gay, National Director, Communications &amp; Public Affairs, NAMI, Arlington, Va.</li> </ul>

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WEDNESDAY

3:00 – 5:00 p.m. Governor's Square 15

#### EDUCATION PROGRAM DIRECTORS MEETING

#### **EXHIBITS OPEN**

#### 4:30 – 5:15 p.m. Plaza Ballroom A

4:00 – 7:00 p.m.

llroom A We

Welcome to the NAMI National Convention! The Convention has been developed to provide attendees with an abundance of learning and networking opportunities, many of which will run concurrently. During this brief and lively orientation, learn about the overall design of the Convention schedule, some special events and how to plan out your Convention experience.

• Valerie Hunter, M.A., M.F.T, OTR, National Director, Organization Development & Talent Management, NAMI, Arlington, Va.

### SPEECHES BY NAMI BOARD CANDIDATES

Hear from candidates who want to serve on the NAMI Board for the next 3 years.

### **ADVOCACY NETWORKING**

**CONVENTION ORIENTATION** 

Are you an advocacy leader or executive director for your NAMI State Organization or Affiliate? Come trade ideas with your advocate colleagues from across the country and learn about new resources, including leading-edge strategies for first-episode psychosis (FEP), parity, caregiver support, Stepping Up and more!

#### **OPEN MIC PERFORMANCE NIGHT!**

Come share your poetry, music or prose, express yourself or just come watch! The evening will be emceed by This Is My Brave Inc., a nonprofit organization dedicated to ending the stigma surrounding mental illness by sharing true personal stories through poetry, essay and song. This Is My Brave shows are community-based events where volunteer producers audition and select cast members ready to share their true stories through poetry, music or essay. If you are interested in performing, please arrive by 7:15 p.m. to put your name on the sign-up sheet. Musical instruments will not be provided, so please bring your own if needed.

• Jennifer Marshall, Co-Founder and Executive Director, This Is My Brave, Inc., Broadlands, Va.

7:00 – 8:00 p.m. Governor's Square 15

5:30 – 6:30 p.m. *Plaza Ballroom A* 

7:30 – 9:30 p.m. Grand Ballroom 1 Tower Building



### **THURSDAY JULY7**

8:00 a.m. – 4:00 p.m.	EXHIBITS OPEN	
9:00 – 10:15 a.m.	OPENING GENERAL SESSION	CE 1.25
Plaza Ballroom	<ul> <li>Mary Giliberti, J.D., Chief Executive Officer, NA</li> <li>John W. Hickenlooper, Governor of Colorado,</li> <li>Patrick J. Kennedy, Former U.S. Representative Forum and Co-Founder, One Mind for Researce</li> <li>Robert F. Spada, M.B.A., Member, Board of Dire 11:00 a.m. – 12:00 p.m. Book signing by Patrick &amp; NAMI Bookstore in Plaza Court 1. You may purch</li> </ul>	Denver e (D-R.I.), Founder, the Kennedy ch, Portsmouth, R.I. ectors, NAMI, Columbus, Ohio Kennedy will take place in the
10:45 – 12:00 p.m.	WORKSHOPS—GROUP A	CE 1.25
Grand Ballroom 2 (Tower Building)	<ul> <li>A.1 - Community Engagement with Diverse P Engaging diverse and cultural communities is inconcreating partnerships with state and local common California's Multicultural Symposium and the ster reaching diverse communities. Hear about the d process to bring together community leaders, cure representatives, NAMI Affiliates and voices throu opportunities in serving and partnering with diver can apply these lessons in their communities.</li> <li>Steven Kite, Deputy Director, NAMI California, Moderator: Melen Vue, Director of Communities NAMI California, Sacramento, Calif.</li> </ul>	redibly important, especially in nunity leaders. Learn about NAMI ps taken to identify challenges in levelopment and recruitment ultural experts, county ughout the state to address rse communities and how attendee: Sacramento, Calif.
Governor's Square 11	<ul> <li>A.2 - Core Peer Competencies Take Center State Mental Health Workforce</li> <li>The Substance Abuse and Mental Health Service Bringing Recovery Supports to Scale Technical A to build peer and family capacity by identifying ar competencies, as well as providing technical assinumber of peers in the workforce. Learn about t competencies and engage in dialogue on the imimportant milestone for integrating peer worker</li> <li>Wanda Finch, M.S.W., M.Ed., LICSW, Captain, U. Health Advisor, Office of Consumer Affairs, SA Services, Rockville, Md.</li> <li>Keris Myrick, M.B.A., M.S., Director, Office of C SAMHSA Center for Mental Health Services, For Mental Health Se</li></ul>	es Administration (SAMHSA)'s Assistance Center Strategy is helping and refining a set of core istance aimed at increasing the he first integrated core plementation and distribution of thi s in the mental health workforce. J.S. Public Health Service and Public AMHSA Center for Mental Health
Governor's Square 14	<ul> <li>A.3 - Improving Care in Crisis: Should I Go to a Individuals living with mental illness in crisis freque departments across the country; however, their rarely patient-centered. What can the individual, NAMI do to improve these experiences? Many in experience are based on enhanced communicate environment. Attendees will examine how to improve the underserved, as well as learn about what to the emergency room.</li> <li>Leslie Zun, M.D., System Chair, Emergency Meditation and the system context and the system context and the system context and the system context and the context</li></ul>	ently utilize emergency experiences can be difficult and are provider, patient's physician and aterventions to improve the tion, process, personnel and prove emergency room care alternatives exist to going

Mount Sinai Hospital, Chicago

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10:45 – 12:00 p.m.	WORKSHOPS—GROUP A	CE 1.25
Tower Court B (Tower Building)	<ul> <li>A.4 - Out of the Waiting Room and into the Board Room: How Employers Could Be the Driving Force of Mental Heal Care Innovation</li> <li>Sixty million Americans are often affected by a behavioral heal each year, but only one in seven receive effective treatment. The access to mental health care providers, and those who do face stigmatization and uncertainty about the quality of their treatment outcomes. Mental health care is a financial drain on our econo employers, who pay for health care for about half of American shouldering much of the burden. For this reason, the transform mental health care could come from an unlikely source: HR de Attendees will learn how this system affects employers and the financial responsibilities enterprises have that make them units over health payers and providers, to tackle mental health care.</li> <li>Dodi Kelleher, DMH, M.S., Principal, D Kelleher Consulting, A</li> <li>Bob Kocher, M.D., Partner, Venrock and Consulting Professor School of Medicine, Stanford University, Palo Alto, Calif.</li> <li>Moderator: Daniella Perlroth, M.D., Chief Data Scientist, Lyra Health, Burlingame, Calif.</li> </ul>	th condition too few have e ment my and s, are mation of partments. e moral and quely suited, suited,
Governor's Square 10	<ul> <li>A.5 - The Power of Partnership: How Collaboration betwee and the VA Strengthens Families and Saves Lives</li> <li>The challenge of finding resources can put veterans at risk of i even suicide. Engaging, educating and supporting families is c recovery of veterans and military personnel experiencing suici and other mental health symptoms. In 2016, NAMI and the VA three-year MOU to formalize efforts to offer NAMI Education veterans. Learn how to foster local VA/NAMI Affiliate relations complement the current VA continuum of care. Discover mari recruiting and collaboration strategies to launch NAMI Homef programs for veterans and their families in your community.</li> <li>Susan J. McCutcheon, R.N., Ed.D., National Mental Health E Family Services, Women's Mental Health and Military Sexual Trauma - Mental Health Services, Department of Veterans. Washington, D.C.</li> <li>Marsden H. McGuire, M.D., M.B.A., Deputy Chief Consultant Health Standards of Care (10P4M) - Office of Patient Care S Department of Veterans Affairs, Washington, D.C.</li> <li>Moderator: Suzanne Robinson, M.S.W., Senior Manager, Nat Signature Programs, NAMI, Arlington, Va.</li> </ul>	solation and rucial to the dal thoughts signed a to families of hips that keting, ront and other Director, I Affairs, c, Mental Services,



### THURSDAY JULY7

10:45 – 12:00 p.m.	WORKSHOPS—GROUP A CE 1.25
Grand Ballroom 1 (Tower Building)	<ul> <li>A.6 - Professionals with Lived Experience of Mental Illness</li> <li>Professionals with lived experience of mental illness often face</li> <li>discrimination and are reluctant to come forward. If they are willing to</li> <li>be open about their background, they can provide valuable hope and</li> <li>encouragement to others in recovery and reduce stigma in society.</li> <li>Attendees will learn about challenges faced by individuals with lived</li> <li>experience and tips on when and how to self-disclose, as well as tips about</li> <li>public speaking to reduce stigma. Attendees will discuss opportunities for</li> <li>engaging others in this issue and action they can take to support</li> <li>professionals with lived experience.</li> <li>Jennifer Adkins, Ph.D., Assistant Chief, Psychology Service,</li> <li>North Florida/South Georgia Veterans Health System, Gainesville, Fla.</li> <li>Jennifer Boyd, Ph.D., Associate Chief of Mental Health for Psychosocial</li> <li>Recovery Services, San Francisco VA Health Care System, San Francisco, Calif.</li> <li>Cameron Stout, J.D., Senior Counsel and Principal Mediator,</li> <li>Wiand Guerra King PA, Palo Alto, Calif.</li> <li>Moderator: Fred Frese, Ph.D., FAPA, Professor of Psychiatry,</li> <li>Northeast Ohio Medical University, Hudson, Ohio</li> </ul>
Tower Court C (Tower Building)	<ul> <li>A.7 - Restoring Individuals Safely and Effectively (RISE), Colorado's Jail-Based Competency Restoration Program</li> <li>Individuals with criminal charges need to be competent to obtain fair trials. Jail-based competency restoration has been controversial, but it can be an optic that increases access and quality. Learn about Colorado's 22-bed jail-based competency restoration program designed to be consistent with best practices and hear from a peer specialist and reentry specialist, who will address criticisms providing treatment in a correctional setting. Attendees will learn the ingredients of an effective competency-restoration program and how to advocate for individuals who need these services.</li> <li>Karen Galin, Ph.D. Chief Behavioral Health Officer, Correct Care Solutions, Deerfield Beach, Fla.</li> <li>Renay Miller, Peer Specialist and Copeland Center Certified WRAP Facilitator, Correct Care, Centennial, Colo.</li> <li>Leah Wallerstein, Psy.D., Director, Forensic Programs, Correct Care, centennial, Colo.</li> <li>Moderator: Danielle Weittenhiller Mason, Psy.D. Program Director for Jail-Based Restoration, Colorado Office of Behavioral Health, Denver</li> </ul>
Tower Court A (Tower Building)	<ul> <li>A.8 - Setting the Record Straight: Mental Illness, Guns and Public Policy         Discussions about gun violence and mental illness are emotional and often         divisive. In the aftermath of tragedies, legislators and policymakers frequently         propose policies based on stereotypes that link mental illness and violence rather         than research and science. It is important that policymakers and advocates be         better informed. Come hear about the most current research on violence and an         evidence-based approach to balancing individual rights with safety concerns.         Attendees will gain knowledge and insight necessary to communicate effectively         on these issues in their states and communities.     </li> <li>Josh Horwitz, J.D., Executive Director,         Educational Fund to Stop Gun Violence, Washington, D.C.</li> <li>Ken Norton, M.S.W., LICSW, Executive Director, NAMI New Hampshire, Concord, N         Moderator: Ron Honberg, J.D., Senior Policy Advisor, NAMI, Arlington, Va.     </li> </ul>

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RSDA	

# 10:45 – 12:00 p.m.WORKSHOPS—GROUP ACE 1.25Governor's Square 15A.9 - Show Me the Money! Grant Writing in One Day –<br/>No Magic Wand Needed<br/>Fundraising allows organizations to grow and develop programs. If NAMI is to<br/>continue to grow, diversification of funding is imperative, and grant writing is one<br/>more method of raising operating funds. Participants will gain hands-on knowledge<br/>in completing grant applications using the common grant application, walk<br/>through the steps required to write, and submit a grant while gaining an<br/>understanding of the major pitfalls in grant writing. Participants will be able to<br/>complete a simple grant budget and receive sample grants to take home.

• Lacey Berumen, Ph.D., M.N.M., University of Phoenix, Member, National Board of Directors, NAMI, Denver

### Governor's Square 16 A.10 - Strategies for Ending Chronic Homelessness Experienced by People Living with Mental Illness

Long-term or "chronic" homelessness remains a major issue for adults living with mental illness. According to HUD data, persons with mental illness and co-occurring substance abuse disorders comprise 85% of the chronic homeless population. NAMI advocates have a critical role to play in promoting strategies that are proven to end chronic homelessness and promote recovery for consumers and stable housing options in the community. Accessing decent, safe and affordable housing is the cornerstone of recovery. Learn what you can be doing to promote permanent supportive housing and recovery in your community and be an important voice in local HUD "Continuum of Care" programs that allocate federal homelessness resources.

- John Parvensky, J.D., Executive Director,
   Colorado Coolitica for the Llamalace Der
- Colorado Coalition for the Homeless, Denver
- Andrew Sperling, J.D., M.A., Director of Legislative Affairs, NAMI, Arlington, Va.

### A.11 - Weighty Issues with Psychotropic Use in Adolescents and Young Adults

Psychotropic medications used to treat anxiety, depression, psychosis and other mood disorders have a variable ability to cause metabolic side effects. These side effects include weight gain and increased triglyceride and glucose levels. Attendees will gain an understanding of how psychotropic medications can cause metabolic syndrome, as well as lifestyle management and time-tested tips and techniques used to manage these adverse effects and allow participants and their loved ones to work smarter with prescribing clinicians to live healthy lives.

- Sheila Botts, Pharm.D., BCPP, FCCP, Chief of Clinical Pharmacy Research and Academic Affairs, Kaiser Permanente-Colorado, Denver
- Kristen Gardner, Pharm.D., Clinical Pharmacy Specialist, Behavioral Health, Kaiser Permanente-Colorado, Denver
- Moderator: Julie Kissack, Pharm.D., Professor and Chair of Pharmacy Practice, Harding University College of Pharmacy, Searcy, Ark.

### A.12 - Youth and Young Adults: A Key to Building a Movement

The language we use matters in involving youth and young adults in our movement. Just how important are social media, smart-phones and slick resources to a younger generation? Will they still come if you don't have them? Are there generational divides, and if so, how do we overcome them? Learn about messages that motivate youth and young adults to action. Members of NAMI's Young Adult Advisory Group will pose questions to attendees to solicit ideas and experience and will share their suggestions and recommendations for individuals to take back to their communities.

- Tania Duperoy, Research Technician, Transitions Research & Training Center and Member, NAMI Young Adult Advisory Group, Shrewsbury, Mass.
- Hayden Myer, QMHP, Children & Youth Programs Assistant, NAMI Virginia and Member, NAMI Young Adult Advisory Group, Glen Allen, Va.
- Moderator: Darcy Gruttadaro, J.D., Director of Advocacy, NAMI, Arlington, Va

Governor's Square 17

Governor's Square 12

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### **THURSDAY JULY7**

### **1:00 – 2:00 p.m.** Grand Ballroom 2 (Tower Building)

**OPEN MIC WITH THE NAMI BOARD** 

Join the NAMI Board of Directors to talk about our common mission and goals, how we can accomplish our objectives and what role each of us can play in pursuing our goals.

### 2:15 – 3:45 p.m. MAJOR TOPIC SYMPOSIA

CE 1.50

### Grand Ballroom 2 (Tower Building)

Governor's Square 15

**CUTTING THROUGH THE ELECTION NOISE TO #ACT4MENTALHEALTH** Elected officials decide where and how you and your family get mental health services and supports. While they are candidates, there's a valuable window of opportunity to get your voice heard as a potential voter. No one can tell them better than you, the voice of lived experience, about the need for mental health care. Learn how to cut through the noise and get through to candidates to

ask questions and share NAMI's nonpartisan mental health priorities. Attendees will walk away with clear messages and a grassroots perspective on making NAMI and mental health visible to candidates, and hear insights from an experienced elected official.

- Christian Dakota Blakney, Fellow and VAN Deputy and Intern, Democratic Party of Arkansas and Member, Young Adult Advisory Group, NAMI, Monticello, Ark.
- Jessica Hart, M.S.W., Manager, Advocacy Communications, NAMI, Arlington, Va.
- Angela Kimball, National Director, Advocacy & Public Policy, NAMI, Arlington, Va.
- Robert F. Spada, M.B.A., Member, Board of Directors, NAMI, Columbus, Ohio
- Moderator: Sita Diehl, Director, Policy & State Outreach, NAMI, Arlington, Va.

### PSYCHOLOGICAL, SOCIAL AND SPIRITUAL FAITH JOURNEYS FOR VETERANS AND MILITARY PERSONNEL

Many veterans and military personnel often experience repeated exposure to violence, which has a direct impact on psychological, social and spiritual development. What can faith communities do to better help veterans and families process issues related to God, civilian adjustment, cultivating meaning and hope? The NAMI FaithNet Advisory Group and the NAMI National Veterans and Military Council are partnering to provide insight into and education about the lived experience of those who have experienced trauma, specifically veterans and military personnel. Come learn about what treatment practices are most helpful, how trauma/war experiences force us to rethink our spiritual beliefs and what some faith communities are doing. Attendees will acquire educational resources and tools to more effectively welcome, include and support veterans and military families impacted by trauma through local communities and faith groups.

- Peter Bauer, LCSW-S, LMFT-S, LCDC, ACSW, BCD, Minister, United Church of Christ; LTC,MS, U.S. Army (Ret.);
   Frank Tejada Outpatient Clinic, South Texas Veterans Health Care System, Department of Veterans Affairs; and Adjunct Professor, Department of Social Work, University of Texas at San Antonio, San Antonio, Texas
- Clifford V. McGlotten, MAT, M.S.W., LCSW/ACSW/BCD, MSGT U.S. Army (Ret.), Peer Support Facilitator, San Antonio VA Treatment Center and Past President, NAMI San Antonio, San Antonio, Texas
- Moderator: Ron Morton, M.A., Reverend, St. Thomas Episcopal Church, Manager of Recovery and Resiliency, BlueCare/TennCare Select, Member, National Board of Directors, NAMI, Knoxville, Tenn.

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2:15 – 3:45 p.m.	MAJOR TOPIC SYMPOSIA	CE 1.50
Plaza Ballroom A	<ul> <li>STEPPING UP: A PLAN FOR REDUCING INCARCERATION PEOPLE WITH MENTAL ILLNESS</li> <li>In the course of a year, approximately 2 million people with admitted to jails in the United States. Since jails are not eque effective mental health and substance-abuse treatment, so frequently worsen during incarceration; people reenter correservices and supports necessary for recovery and are at his NAMI is involved in an exciting initiative called Stepping Up of Governments, National Association of Counties, Americar Association, Major Sheriffs Association and others to addr and unnecessary crisis. Learn more about this important ir strategies being used in select communities to reduce the criminalization of people with mental illness, and learn what your communities.</li> <li>Sam Cochran, M.S., Major, Shelby County Sheriff's Depa CIT International Board of Directors, Memphis, Tenn.</li> <li>Nancy Jackson, Ph.D., M.A., Commissioner, Arapahoe C</li> <li>Ray Lay, Wrap Facilitator and Volunteer Peer Specialist, U Veterans Affairs and Member, Board of Directors, NAMI</li> <li>Fred Osher, M.D., Director of Health Systems and Servic Council of State Governments, Johns Island, S.C.</li> <li>Moderator: Ron Honberg, J.D., Senior Policy Advisor, NA The Lionel Aldridge Champions Award will be presented to this session</li> </ul>	mental illness are ipped to provide symptoms nmunities without the gh risk of recidivism. with the Council of State n Psychiatric ess this disturbing nitiative and the unnecessary t you can do to impact rtment and Co-Chair, ounty, Littleton, Colo. J.S. Department of Indiana, Indianapolis es Policy, MI, Arlington, Va.
Plaza Ballroom D	<ul> <li>WE CAN'T WAIT! THE PUBLIC HEALTH IMPERATIVE FOR PSYCHOSIS PROGRAMS</li> <li>In the U.S., a young person with early psychosis waits about getting care, while those in the U.K. wait about 7 weeks. We lives get off-track and families struggle with what to do. We effective first-episode psychosis programs still don't exist. We can change that by spreading the word about these profor program expansion. It will take individuals impacted by e NAMI leaders and allies working together to change the stadynamic session will share the core components of first-epi programs, the difference these programs make in young liver resources from NAMI and the successful strategies used be these programs statewide.</li> <li>Michael Haines, Peer Support Specialist, EASA/Young A Behavioral Health Services, Peace Health, Eugene, Ore.</li> <li>Tamara Sale, M.A., Director, Early Assessment &amp; Support All Excellence, Portland State University Regional Research Institute.</li> </ul>	t 74 weeks before e can't wait while young e know what works, yet in most communities. ograms and advocating early psychosis, families, andard of care. This pisode psychosis ves, new information and y one state to expand dult Hub, iance Center for titute, Portland, Ore.
4:00 – 4:45 p.m. and 5:00 – 5:45 p.m.	State Caucuses (see page 20)	
6:30 – 7:30 p.m. Governor's Square 17	Grieving Support Group	
6:30 – 7:30 p.m. Governor's Square 14	Substance Abuse Recovery Support Group Set plans for the future and gain substance abuse support and physical health in a recovery and wellness journey.	for spiritual, emotional

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Set plans for the future and gain substance abuse support for spiritual, emotional and physical health in a recovery and wellness journey.

Т	HURSDAY JULY7
7:00 – 8:30 p.m. Gold (Tower Building)	<b>NEA.BPD Family Connections Leader Gathering</b> Have fun with fellow Family Connection Leaders, enhance leadership skills and network with others who teach National Education Alliance for Borderline Personality Disorder Family Connections and TeleConnections courses.
7:30 – 9:00 p.m. Governor's Square 10	<b>NAMI Connection Recovery Support Group</b> Join this peer-led support group open to anyone with mental health conditions in a setting that offers respect, understanding and encouragement.
7:30 – 9:00 p.m. Governor's Square 15	<b>NAMI Family Support Group</b> Join this peer-led support group open to family members and loved ones of people with mental health conditions.
7:30 – 9:00 p.m.	SPECIAL PRESENTATION CE 1.50
Plaza Ballroom A	STIGMAFREE: BUILDING THE MOVEMENT IN THE BUSINESS COMMUNITY Launched in 2015, NAMI's stigmafree campaign is building a movement to break barriers, provide support and promote acceptance for people living with mental health conditions. Major companies have stepped forward as partners in NAMI's recently launched stigmafree Company initiative with a commitment to support mental health education and awareness in the workplace. Stigmafree is a campaign to change America's social culture. Stigmafree Company focuses on engagement of employees and the role of companies as citizens. Session panelists represent companies that are leaders in their industries, which influence our social culture in different ways. Attendees will learn what stigma means, the companies' perspectives on mental health, what the companies are doing and will be doing as part of the campaign, how embracing the cause has affected these companies and their employees and how it has informed or affected their workplaces, and what approaches their companies recommend for mental health education, engagement of employees and elimination of stigma. In addition, Friend of NAMI awards will be given, which recognize the contribution of an individual or organization that has worked with NAMI to improve the lives of individuals and families affected by mental health conditions. I. Lori Golden, Abilities Strategy Leader, Ernst & Young, LLP, New York May Keller Laird, Editor-in-Chief, <i>Women's Health</i> , New York Kyle MacNevin, Co-Founder, Wear Your Label, New Brunswick, Canada Kayley Reed, Co-Founder, Wear Your Label, New Brunswick, Canada

9:15 – 9:45 p.m. Civic Center Park

**Veterans Candlelight Vigil** Meet in the lobby of the Plaza Building at 9:00 p.m.



# LEARN HOW TO BE... stigmafree



Live It! Learn about mental health by educating yourself and others.

Share It! Share StigmaFree on social media, strive to listen, tell your own story and see the person not the illness.

Show It! Take action on mental health issues, raise awareness and make a difference.

www.nami.org/stigmafree



# THURSDAY JULY7 STATE CAUCUSES

STATE	CAUCUS TIME	LOCATION
Alabama	4:00 - 4:45 p.m.	Governor's Square 17
Alaska	4:00 - 4:45 p.m.	Grand Ballroom 2
Arizona	4:00 - 4:45 p.m.	Governor's Square 10
Arkansas	5:00 - 5:45 p.m.	Grand Ballroom 2
California	4:00 - 4:45 p.m.	Grand Ballroom 1
Colorado	5:00 - 5:45 p.m.	Silver
Connecticut	4:00 - 4:45 p.m.	Grand Ballroom 2
Delaware	Not Holding a Cau	icus Meeting
D.C.	4:00 - 4:45 p.m.	Century
Florida	4:00 - 4:45 p.m.	Governor's Square 11
Georgia	4:00 - 4:45 p.m.	Governor's Square 12
Hawaii	Not Holding a Cau	icus Meeting
ldaho	5:00 - 5:45 p.m.	Grand Ballroom 2
Illinois	5:00 - 5:45 p.m.	Governor's Square 17
Indiana	4:00 - 4:45 p.m.	Grand Ballroom 2
lowa	4:00 - 4:45 p.m.	Grand Ballroom 2
Kansas	4:00 - 4:45 p.m.	Tower Court C
Kentucky	5:00 - 5:45 p.m.	Grand Ballroom 2
Louisiana	4:00 - 4:45 p.m.	Grand Ballroom 2
Maine	Not Holding a Cau	icus Meeting
Maryland	5:00 - 5:45 p.m.	Tower Court A
Massachusetts	5:00 - 5:45 p.m.	Governor's Square 11
Michigan	4:00 - 4:45 p.m.	Governor's Square 16
Minnesota	5:00 - 5:45 p.m.	Grand Ballroom 2
Mississippi	Not Holding a Cau	icus Meeting
Missouri	4:00 - 4:45 p.m.	Tower Court A

STATE	CAUCUS TIME	LOCATION
Montana	4:00 - 4:45 p.m.	Grand Ballroom 2
Nebraska	4:00 - 4:45 p.m.	Grand Ballroom 2
Nevada	5:00 - 5:45 p.m.	Grand Ballroom 2
New Hampshire	Not Holding a Cau	ucus Meeting
New Jersey	Not Holding a Cau	ucus Meeting
New Mexico	5:00 - 5:45 p.m.	Governor's Square 12
New York	4:00 - 4:45 p.m.	Governor's Square 15
North Carolina	4:00 - 4:45 p.m.	Silver
North Dakota	Not Holding a Cau	ucus Meeting
Ohio	4:00 - 4:45 p.m.	Tower Court D
Oklahoma	5:00 - 5:45 p.m.	Governor's Square 10
Oregon	5:00 - 5:45 p.m.	Tower Court B
Pennsylvania	5:00 - 5:45 p.m.	Windows
Puerto Rico	Not Holding a Cau	ucus Meeting
Rhode Island	4:00 - 4:45 p.m.	Grand Ballroom 2
South Carolina	5:00 - 5:45 p.m.	Tower Court C
South Dakota	Not Holding a Cau	ucus Meeting
Tennessee	4:00 - 4:45 p.m.	Tower Court B
Texas	4:00 - 4:45 p.m.	Governor's Square 14
Utah	Not Holding a Caucus Meeting	
Vermont	Not Holding a Caucus Meeting	
Virginia	5:00 - 5:45 p.m.	Governor's Square 16
Washington	4:00 - 4:45 p.m.	Gold
West Virginia	Not Holding a Caucus Meeting	
Wisconsin	4:00 - 4:45 p.m.	Grand Ballroom 2
Wyoming	Not Holding a Cau	ucus Meeting

8:00 a.m. – 4:00 p.m.	EXHIBITS OPEN
8:45 – 10:00 a.m.	RESEARCH UPDATES—GROUP ONE CE 1.25
Plaza Ballroom A	<ul> <li>DEPRESSION</li> <li>Jan Fawcett, M.D., Professor of Psychiatry, University of New Mexico, Albuquerque, N.M.</li> <li>Moderator: Marilyn Ricci, M.S., R.D., President, Board of Directors, NAMI, Canton, Conn.</li> </ul>
Plaza Ballroom D	<ul> <li>SCHIZOPHRENIA</li> <li>Robert Freedman, M.D., Chair, Department of Psychiatry, University of Colorado, Anschutz Medical Campus, Aurora, Colo.</li> <li>Moderator: Lacey Berumen, Ph.D., M.N.M., University of Phoenix, Member, National Board of Directors, NAMI, Denver</li> </ul>
Grand Ballroom 2 (Tower Building)	<ul> <li>SCHIZOAFFECTIVE DISORDER</li> <li>Ken Duckworth, M.D., Medical Director, NAMI, Arlington, Va.</li> <li>Jacqueline Maus Feldman, M.D., Professor Emeritus, Department of Psychiatry and Behavioral Neurobiology, University of Alabama at Birmingham, Associate Medical Director, NAMI and Editor-in-Chief, Community Mental Health Journal, Birmingham, Ala.</li> </ul>
9:00 a.m. – 6:00 p.m. Plaza Court 8	VOTING (for credentialed voting representatives only)
10:30 – 11:45 a.m.	RESEARCH UPDATES—GROUP TWO CE 1.25
Plaza Ballroom A	<ul> <li>BIPOLAR LONGITUDINAL STUDIES: IMPACT AND FUTURE STATE</li> <li>Gloria Harrington, LMSW, CCRP, Research Manager, University of Michigan Heinz C. Prechter Bipolar Research Fund, Ann Arbor, Mich</li> <li>Simon Evans, Ph.D., Research Assistant Professor, Department of Psychiatry, University of Michigan Heinz C. Prechter Bipolar Research Fund, Ann Arbor, Mich</li> <li>Moderator: Gary Mihelish, D.M.D., Treasurer, National Board of Directors, NAMI, Helena, Mont.</li> </ul>
Plaza Ballroom D	<ul> <li>BORDERLINE PERSONALITY DISORDER</li> <li>Stephanie D. Stepp, Ph.D., Associate Professor, Psychiatry &amp; Psychology, University of Pittsburgh School of Medicine, Pittsburgh</li> <li>Perry Hoffman, Ph.D., President, Board of Directors, National Education Alliance for Borderline Personality Disorder, Mamaroneck, N.Y.</li> <li>Moderator: Joy Sprague, Board Member, National Education Alliance for Borderline Personality Disorder, Bainbridge Island, Wash.</li> </ul>
Grand Ballroom 2 (Tower Building)	<ul> <li>FIRST-EPISODE PSYCHOSIS</li> <li>Ken Duckworth, M.D., Medical Director, NAMI, Arlington, Va.</li> <li>Moderator: Darcy Gruttadaro, J.D., Director of Advocacy, NAMI, Arlington, Va.</li> </ul>
Grand Ballroom 1 (Tower Building)	<ul> <li>PTSD</li> <li>Janine D'Anniballe, Ph.D., Director of Community Services and Trauma-Informed Care, Mental Health Partners, Boulder, Colo.</li> <li>Moderator: Ron Morton, M.A., Reverend, St. Thomas Episcopal Church, Manager of Recovery and Resiliency, BlueCare/TennCare Select, Member, National Board of Directors, NAMI, Knoxville, Tenn.</li> </ul>

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### 12:15 – 1:45 p.m.

#### **POSTER SESSIONS**

Exhibit Hall

#### P.1 - The Business Case for Mentally Healthy Workplaces

All employees benefit from workplaces that make mental health and suicide prevention a health and safety priority. From supportive policies and back-to-work plans to mental wellness challenges, when workplaces take an active role in employee mental health, there are positive outcomes for their bottom lines, and for their greatest assets: their people. Attendees will leave with a blueprint for engaging workplaces in comprehensive and sustained mental health promotion and suicide prevention.

• Jess Stohlmann-Rainey, M.A., Senior Program Director, Carson J Spencer Foundation, Denver

#### P.2 - Disentangling the Mental Health and Criminal Justice Systems

It is important that the mental health and criminal justice systems be disentangled. By doing so, we will achieve a society that embraces mental and behavioral health differences and supports equitable access to care, and a criminal justice system that ensures public safety and does not serve as the default system for mismanaging the nation's mental health. Attendees will learn about the monetary and societal costs of maintaining the status quo and about the reforms and practices that can move us in the direction of disentangling these two systems, including Crisis Intervention Training for law enforcement, diversion pre-arrest and pre-trial, problem-solving courts, mental health treatment in jail, and reintegration into the community.

- Vincent Atchity, Ph.D., Executive Director, Equitas Foundation, Englewood, Colo.
- Gwendolyn West, Project Coordinator, Equitas Foundation, Englewood, Colo.

#### P.3 - Emotion Regulation and Family Connections Course: Got Skills?

Get the basics of a borderline personality disorder (BPD) diagnosis and gain specific techniques to stay connected in emotionally challenging relationships. Hear from parents of individuals living with BPD and explore skills relevant to preserving relationships, enhancing family cohesion and maintaining well-being.

- Jackie Mashore, Trainer, NAMI Family-to-Family and NEA.BPD Family Connections Courses, National Education Alliance for Borderline Personality Disorder, Jones, Okla.
- Elizabeth Rose, Board Member, National Education Alliance for Borderline Personality Disorder, Katy, Texas

#### P.4 - Family Involvement with Individual Placement and Support (IPS)

Families may have concerns about their family member returning to work, or even starting their first job, including job-related stress, ability to work and/or loss of Social Security benefits. Families, advocates and job-seekers will learn the practices and principles of IPS-supported employment and learn about employment as a key component of the recovery process, as well as how to get involved and referred to programs near them.

- Paul Barnett, M.S., M.A., LPC, Manager of Evidence Based Practice Programs, Office of Behavioral Health, Colorado Department of Human Services, Denver
- Stacey Teegardin, M.S., Individual Placement and Support Trainer, Office of Behavioral Health, Colorado Department of Human Services, Denver

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### 12:15 – 1:45 p.m. POSTER SESSIONS

Exhibit Hall

### P.5 - Genetic Testing for Medication Response: Empowering Patients Toward Mental Wellness

Mental illness is one of the leading causes of disability, with 1 in 5 adults being diagnosed with a mental illness each year, yet medication treatments for psychiatric disease are known to have significant challenges with efficacy and tolerability. A rapidly growing body of literature supports that pharmacogenomics can improve patient outcomes and reduce health care costs. GeneSight is a pharmacogenomics test that has demonstrated improved clinical outcomes in three published clinical trials and cost-effectiveness in two published studies. Learn about pharmacogenomics, the benefits and limitations of this technology, and how to talk to health care providers about obtaining and/or understanding test results.

• Kim Horn, M.S., LCGC, Genetic Counselor, Assurex Health, Mason, Ohio

### P.6 - Healing Grief Through Mindfulness

Grief can evolve into a mental illness if it is not dealt with appropriately. Increasing research on mindfulness shows that it benefits clients healing in numerous ways. Grief counseling practices historically have focused on the Kubler-Ross stages of denial, anger, bargaining, depression and acceptance. However, little discussion has linked mindfulness and healing to grief and loss. Learn about traditional grief-and-loss theories, types of loss, mindfulness and how to integrate mindfulness techniques with grief-and-loss counseling.

- Sharon Miles-Hastings, Ed.D., M.A., Director of Clinical Counseling, University of Phoenix, Lonetree, Colo.
- Jean Miller, M.A., LPC, NCC, ACS, Campus College Chair, College of Social Sciences, University of Phoenix, Lone Tree, Colo.

### P.7 - How to Integrate Evidenced-Based Motivational Interviewing Techniques with a Community-Based On-Site Peer/Clinical Model

Partnering clinical and peer staff together provides the ultimate action and advocacy for members. Using an evidence-based training strategy like Motivational Interviewing (MI) achieves the foundational training platform for success in engaging and creating change with members. By using expertise with a Peer/Clinical Intensive Care Management model, participants will learn how to incorporate evidence-based MI strategies to elicit the highest level of member engagement in crisis-related interventions.

• Sandra Quinn, M.Ed., LPC, Vice President, Member and Provider Support, Beacon Health Options, Rocky Hill, Conn.

#### P.8 - Is It Time to Rethink "I Can"?

Conventional practices in education and psychology often assert a positive, believe-in-yourself, "I think I can" approach. Sometimes we sanitize our stories, overlook adversity's role and downplay challenges because we are fearful of how it reflects upon us. Yet these very challenges often precede cultivation of selfefficacy, identity and resilience. Learn how to embrace adversity to reduce anxiety associated with perfectionism and pressures in society and move toward resilience.

• Kristen Lee, Ed.D., M.S.W., LICSW, Lead Faculty, Behavioral Sciences, Northeastern University and Chief Executive Officer, Mentalligence, Westport, Mass.



12:15 – 1:45 p.m.

### **POSTER SESSIONS**

#### Exhibit Hall

### P.9 - KINECT 3: A Randomized, Double-Blind, Placebo-Controlled Trial for Tardive Dyskinesia

There are currently no FDA-approved treatments for tardive dyskinesia (TD), a persistent and often disabling movement disorder resulting from chronic antipsychotic exposure. Learn about KINECT 3, a double-blind, parallel-group, six-week, placebo-controlled trial in subjects with moderate or severe antipsychotic-induced TD and underlying schizophrenia, schizoaffective disorder or mood disorder. Attendees will be better informed about the clinical trial data for a promising investigational therapy.

• Scott Siegert, Pharm.D., M.B.A., Director of Medical Communications, Neurocrine Biosciences, Inc., San Diego

### P.10 - The Life Exchange Center: Utilizing the Peer Support Model to Reduce Hospitalization and Improve the Chance of Recovery

The Life Exchange Center is a peer-run, peer-driven center for hope and recovery. Utilizing a peer-support model at a peer-operated service helps reduce hospitalizations and recidivism in the legal system and improves the chance of recovery of those diagnosed with a mental illness. Attendees will learn about the lived experiences of those who have gone through the program, as well as ideas on how to develop similar programs in their own communities.

• Orlando O. Grant, M.S., Executive Director, Life Exchange Center, Cleveland, Ohio

#### P.11 - Mental Health Re-Entry Courts in the Federal System

The rate at which individuals living with mental illness enter a system that is not adequately equipped or funded to address mental illness is increasing. Mental health re-entry courts are an important element for assisting in lessening this issue within the criminal justice system. Learn about the importance of these courts, how they impact individuals and what a typical session in a mental health re-entry court looks like. Attendees will also gain access to resources for those who wish to establish or advocate for mental health courts in their communities.

• Jennifer Parker, M.S.W., M.S., U.S. Probation Officer, U.S Probation Office, St. Louis

### P.12 - On Second Thought: From Iffy to Witty Thoughts

On Second Thought: From Iffy to Witty Thoughts is a computer-based program designed for professionals or parents teaching cognitive behavioral principles to children ages 8 to 12. The program shows the cognitive process in a fun, creative and interactive way, taught through colorful pictures, examples and stories. Attendees will learn the essential steps in this process, including how our thoughts influence our feelings and behaviors, how distorted thoughts make us feel and ultimately how to change our thoughts from distorted to accurate or iffy to witty, and how to adapt these concepts to utilize similar types of programs and tools.

• Teresa Busto, Psy.D., M.S., Psychologist, On Second Thought: From Iffy to Witty Thoughts LLC, West Islip, N.Y.

### 12:15 – 1:45 p.m. POSTER SESSIONS

# Exhibit HallP.13 - Preparing for College: Proactive and Practical Solutions for Stress and<br/>Mental Health<br/>Research suggests that even if students know about campus services, they may<br/>not feel comfortable using them. Attendees will review literature concerning the<br/>needs of college students living with mental illness, the barriers to using existing

needs of college students living with mental illness, the barriers to using existing services and a practical plan for students to take charge of their mental health so that they can be successful in their academic careers.

• Lauren Young, Ph.D., LPC, Faculty Council, Counseling and Psychology, University of Phoenix, Louisville, Colo.

### P.14 - Saving Our Girls: A Focus on the Mental Wellness of African-American Girls

Culturally sensitive mental health education and awareness is incredibly important. Participants will learn about the lack of mental health education, tools and support geared toward capturing the vulnerable and suffering population of young black girls. Attendees will be moved to advocate for an underserved population and promote early identification and intervention among a group that is commonly misdiagnosed or undiagnosed.

• Lauren Carson, Executive Director and Founder, Black Girls Smile Inc., Atlanta

### P.15 - Suicide Prevention and Warning Signs: What Individuals, Families, Friends and Service Providers Need to Know

NAMI New Hampshire's Connect Suicide Prevention Program is designated as a national best practice training program in suicide prevention, intervention and response after a suicide death. The Connect program uses an ecological model that works across systems to engage key stakeholders, including health and mental health providers, law enforcement, educators, faith leaders, hospitals, family members and others in promoting early identification and treatment of those at risk. The Connect program has demonstrated statistically significant results for reducing stigma as well as increasing knowledge and comfort level at assisting someone at risk of suicide to access help. The Connect program has presented in over 30 states, 20 tribal nations and five countries, as well as with the U.S. Department of Defense and Veterans Administration. The poster will highlight how an ecological model engages community stakeholders and the warning signs for suicide, and show evaluation outcomes.

• Ken Norton, M.S.W., LICSW, Executive Director, NAMI New Hampshire, Concord, N.H.

### P.16 - Wellness in Mental Illness

Hear experiences of hope and wellness from a senior living with mental illness, who will share self-help techniques, research on mental illness, the power of words and stigma and living beyond recovery into wellness. Participants will gain access to tools and wellness techniques to help anchor thoughts and visualizations for individuals, families and community members.

• Joseph Gallo, Mental Health Advocate and Volunteer, South Metro Health Alliance and Healing Our Youth, Centennial, Colo.



1:00 – 1:45 p.m.	CURRENT & EMERGING PRIORITIES AT SAMHSA CE 0.75
Grand Ballroom 2 (Tower Building)	<ul> <li>Principal Deputy Administrator Kana Enomoto will describe how the Substance Abuse and Mental Health Services Administration (SAMHSA) is advancing the behavioral health of the national and delivering impact as it carries out its key roles. She will describe SAMHSA's focus on four urgent public health priorities; engaging individuals with mental illness in care, addressing the opioid crisis, preventing suicide and maintaining the behavioral health safety net. Ms. Enomoto will provide an update on SAMHSA's work around issues that affect people with mental illness, including first-episode psychosis programs, the new Certified Community Behavioral Health Clinics demonstration, effective models for integrating behavioral and primary health care and plans for operationalizing a newly funded Assisted Outpatient Treatment SAMHSA grant program.</li> <li>Kana Enomoto, Principal Deputy Administrator, Substance Abuse and Mental Health Services Administration, Rockville, Md.</li> <li>Keris Myrick, M.B.A., M.S., Director, Office of Consumer Affairs, Substance Abuse and Mental Health Services Administration Center for Mental Health Services, Rockville, Md.</li> </ul>
2:00 – 3:15 p.m.	WORKSHOPS — GROUP B CE 1.25
Tower Court B (Tower Building)	<ul> <li>B.1 - Battle Buddies after Service: The Significance of Peer Support</li> <li>Peer support has helped save countless veterans from homelessness, incarceration, addiction and suicide. Because the stigma associated with seeking help can be particularly strong within the military, veterans are among the most difficult populations for human services and mental health professionals to reach. Learn about VA resources, peer-support specialists and community initiatives that will benefit veterans in your state.</li> <li>Marsden McGuire, M.D., M.B.A., Deputy Chief Consultant, Mental Health Standards of Care, Department of Veterans Services, Department of Human Services, City &amp; County of Denver, Denver</li> <li>Daniel O. Williams, Chair, NAMI National Veterans and Military Council and Peer Support Specialist, Veterans Treatment Court and Birmingham VA Medical Center, Birmingham, Ala.</li> <li>Moderator: Suzanne Robinson, M.S.W., Senior Manager, National Signature Programs, NAMI, Arlington, Va.</li> </ul>
Governor's Square 10	<ul> <li>B.2 - Crisis as Opportunity: Integrating Peers into Crisis Alternatives in Parachute NYC</li> <li>Parachute NYC provides alternatives to hospitalization for people experiencing emotional crises. Parachute NYC offers free community-based options that focus on overall wellness, recovery and hope. Using evaluation evidence and front-line experiences of peers supporting people in crisis and community providers in launching Parachute NYC, session attendees will gain practical information and a context in which to advocate for crisis alternatives that integrate peers.</li> <li>Mary Jane Alexander, Ph.D., Research Scientist, Nathan Kline Institute for Psychiatric Research, Orangeburg, N.Y.</li> <li>David Lindy, M.D., Chief Psychiatrist and Clinical Director, Community Mental Health Services, Visiting Nurse Service of New York, New York</li> <li>Antonio Munoz, Peer Specialist, Parachute NATM Mobile Team, Visiting Nurse Service of New York, New York</li> <li>Neil Pessin, Ph.D., Vice President, Community Mental Health Services, Visiting Nurse Service of New York, New York</li> <li>Moderator: Pablo Sadler, M.D., Medical Director, Mental Health, New York City Department of Health and Mental Hygiene and Project Director, Parachute NYC, Queens, N.Y.</li> </ul>

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2:00 – 3:15 p.m.	WORKSHOPS — GROUP B	CE 1.25
Governor's Square 14	<ul> <li>B.3 - Dialectical Behavior Therapy with Adole Learn about research findings, basic intervention and risk assessment of Dialectical Behavior The Attendees will learn about an evidence-based tr risk of suicide and how to increase the availability health settings.</li> <li>Claudia Avina, Ph.D., Project Director, Los Ang Institute and Research Therapist, Departmen Psychiatry, University of California, Los Angele</li> <li>Michele Berk, Ph.D., Assistant Professor, Stan Palo Alto, Calif.</li> </ul>	n strategies, safety-planning rapy (DBT) with adolescents. eatment for adolescents at high y of DBT in community mental geles Biomedical Research it of Child and Adolescent es, Sierra Madre, Calif.
Governor's Square 12	<ul> <li>B.4 - Family Is Forever: One Family's Story of I Family often plays a crucial role in an individual's r persistent mental illness. However, families are of guilt and a system that does not adequately sup recovery. Hear from a family on how the traumate of hopelessness and helplessness. Panelists will on parents, siblings and the individual living with a loving family, with adequate support, can be the Attendees will gain a better understanding of the family relationships, resiliency and recovery.</li> <li>Ben Gibbs, Student, University of California, H San Francisco, Calif.</li> <li>Daniel Gibbs, Mental Health Specialist, Orang Agency and Secretary of the Board of Director Fullerton, Calif.</li> <li>Nancy Gibbs, Member, NAMI Orange County,</li> <li>Thomas Gibbs, J.D., Partner, Allen Matkins Lee Laguna Beach, Calif.</li> </ul>	recovery from severe and often disconnected due to stigma, port the critical role of family in of mental illness created a sense share the impact of mental illness mental illness, as well as how a cornerstone to lifelong recovery. e potential to promote supportive lastings College of Law, e County Behavioral Health Care ors, NAMI Orange County, Laguna Beach, Calif.
Governor's Square 11	<ul> <li>B.5 - Findings from a National Survey of Famil Mental Illness</li> <li>Caregivers of persons with mental illness may exobtaining an accurate diagnosis, lack of treatme loved one, barriers with health care professionals lack of understanding by their relative. Until this been conducted to quantify the numbers and devidentify their needs, determine the responsibiliti ones and provide data that will prompt additional The National Alliance for Caregiving, in cooperation America, recently released On Pins &amp; Needles: Car Illness. Hear the findings from the report, policy refor for future collaborative efforts to reduce the diffice</li> <li>Rick Greene, M.S.W., Executive Advisor, Nation Bethesda, Md.</li> <li>Moderator: Sita Diehl, Director, Policy &amp; State</li> </ul>	Aperience numerous difficulties: nt facilities, legal issues for their s, insurance difficulties and often year, no national research had emographics of these caregivers, es they assume for their loved al research and improved services. on with NAMI and Mental Health aregivers of Adults with Mental ecommendations and suggestions culties faced by these caregivers. hal Alliance for Caregiving,

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2:00 – 3:15 p.m.	WORKSHOPS -	– GROUP B	CE 1.25
Governor's Square 16	Current reports stat shooting event every much rhetoric about mental health care sy tragedies. The traum some communities a face of tragedy, inclu • AJ DeAndrea, Ser • Sara Garrido, Psy.! • Michael Kehoe, Ch Newtown, Conn.	y day. When a mass show mental illness and ques ystem, but ultimately litt natic fallout is also not a and law enforcement ag ding cases in Colorado. geant, Arvada Police De D., M.A., Nicoletti-Flater hief of Police (Retired), T	<b>Tragedies</b> averages more than one mass oting occurs, society often reacts with stions about both the perpetrator and cle action occurs to prevent future ddressed. Attendees will learn how lencies have found resiliency in the opartment, Arvada, Colo. Associates, PLLP, Lakewood, Colo. Town of Newtown Police Department, riminal Justice & Advocacy, NAMI,
Governor's Square 17	Crisis Intervention Te officers understand f alternative to incarce in their careers, so w impact to their trainin training session. Cor messaging, reinforce between the officers will gain access to Cl present with improve • Mark Gale, Crimin West Hills, Calif.	eam (CIT) training reduc the importance of using eration. Law enforcemen e only get one chance to ng. We must deliver our ne learn how to tell pers the goals of CIT and cr and the presenting pee T tools and resources to ed skills and help save liv al Justice Chair, NAMI Lo	am and Training Volunteers es the use of force and helps law diversion programs as an not officers attend CIT training once o bring our stories and emotional presentations with excellence every onal stories with consistent eate positive interactive discussions ers and family members. Participants take home, build their CIT programs, es. os Angeles County Council, Director, NAMI Los Angeles County
Grand Ballroom 2 (Tower Building)	Transformative Cha NAMI members and approaches to engag have, over the past to vocabularies and ide Greater understandi engagement with yoo leaders. As NAMI see to understand and ex changed across gen of identifying or dis-i will discuss and take and adapt to emergin • Nev Jones, Ph.D.,	ging the "next generatic wo decades, been supe ntities, changes with sig ng of these generations unger generations and eks to engage individuals xplore the ways in which erations. Presenters will dentifying with particula home tools and concrei- ng youth and young adu Director of Research, Fe nsultant, Lipp & Associa	eek alternative and innovative on." Older models of mental illness rseded by new and different prificant social and clinical implications. al shifts is critical to NAMI's continuing greater involvement by emerging s "where they're at," it's important attitudes toward mental health have share the shifts in language and ways ar experiences and labels. Attendees te ways in which NAMI can respond It perspectives. elton Institute, San Francisco

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2:00 – 3:15 p.m.	WORKSHOPS — GROUP B	CE 1.25
Governor's Square 15	<ul> <li>B.9 - Stamping out Structural Stigma in the Care Services</li> <li>Individuals with mental health/substance used the very health care system designed to supplicitly through language, tools, operations and cult language impacts care and explore how a beinitially struggled with the concept of recover person-centered recovery takes center stags stigma and maintain a recovery-focused atm</li> <li>Lauren Kelly Gallaher, Youth Member, Valua Advisory Group, Mars, Pa.</li> <li>Suzanne Klaus, M.Ed., Manager of Prevent Beacon Health Options, Trafford, Pa.</li> <li>Lisa Kugler, Psy.D., Vice President of Clinic Trafford, Pa.</li> <li>Moderator: Clarence Jordan, Vice Preside Health Options, Rocky Hill, Conn.</li> </ul>	e disorders are often stigmatized by port them. Stigma can surface ure. Learn about how stigmatizing havioral health organization that ry transformed into a company where ge. Attendees will learn how to conquer nosphere. Ie Behavioral Health Transition Age cion, Education & Outreach, al Services, Beacon Health Options,
Tower Court D (Tower Building)	<ul> <li>B.10 - When Old Business Becomes New B NAMI California is the largest NAMI State Org revenue, more than doubled its staff in the p multi-cultural staff, board and Annual Multi-C successes come with obstacles. Learn abou successes and how their experiences can be organizations. Participants will learn how the unified, measurable and achievable, as well a approach to expanding strategic partnership embracing and promoting diversity and inclu outreach and engagement.</li> <li>Jessica Cruz, MPA, Executive Director, NA</li> <li>Dorothy Hendrickson, Second Vice Presic Directors, NAMI California and Member, N Clemente, Calif.</li> <li>Steven Kite, Deputy Director, NAMI Califor</li> <li>Moderator: Susan Gaffney, M.S., National I NAMI, Arlington, Va.</li> </ul>	ganization that has tripled its annual ast five years and established a Cultural Symposium. However, these t NAMI California's challenges and elp strengthen and grow other NAMI goals of its staff and board became s new methodologies to enhance their os, growing financial resources, sion and expanding community MI California, Sacramento, Calif. Jent and Past President, Board of lational Board of Directors, NAMI, San rnia, Sacramento, Calif.
Tower Court A (Tower Building)	<ul> <li>B.11 - Working to End Executions of Individuals with mental illness should not be a disorders significantly impair their ability to a and exercise rational judgment. Come gain a capital punishment affects individuals with messential tools and tactics to create a mentar reform effort and undertake other legislative potential allies and leaders in creating campa</li> <li>Betsy Johnson, Legislative and Policy Adv Columbus, Ohio</li> </ul>	subject to capital punishment if their ppreciate the nature of their conduct a better understanding of the way mental illness. Attendees will gain al illness death penalty exemption e reform campaigns, including aign strategy plans.

Columbus, Ohio
Moderator: Aurelie Tabuteau Mangels, M.A., Mental Illness Initiative Fellow, American Bar Association, Washington, D.C.

• Kevin R. Werner, Jr., Executive Director, Ohioans to Stop Executions (OTSE),



### 3:30 – 4:45 p.m.

### **"HOW TO" SESSIONS**

A new addition to our convention program, these sessions will give you the tools you need to promote change in your community and in your own life.

Governor's Square 11	<ul> <li>H.1 - How to Bring NAMI on Campus to Your Community Learn about NAMI on Campus, how to bring the program to your community and how to connect your affiliate to existing programs. </li> <li>Susan Gaffney, M.S., National Director, Field Capacity &amp; Governance, NAMI, Arlington, Va. </li> <li>Renata Ponichtera, Senior Manager of Governance &amp; Ethics, Field Capacity &amp; Governance, NAMI, Arlington, Va. </li> </ul>
Grand Ballroom 1 (Tower Building)	<ul> <li>H.2 - How to Build Criminal Justice Partnerships with Confidence</li> <li>Cooperative partnerships to improve police responses to crisis situations are crucial. Learn how to reach out, build partnerships and promote programs like CIT and formulate relationships with police chiefs or sheriffs in your community.</li> <li>Sam Cochran, M.S., Major, Shelby County Sheriff's Department and Co-Chair, CIT International Board of Directors, Memphis, Tenn.</li> <li>Matthew Murray, M.S., Deputy Chief of Administration, Denver Police Department, Denver</li> <li>Judy Turnbaugh, Past President, NAMI Pinellas County Florida, St. Petersburg, Fla.</li> <li>Moderator: Laura Usher, M.S., Manager, Criminal Justice &amp; Advocacy, NAMI, Arlington, Va.</li> </ul>
Tower Court A (Tower Building)	<ul> <li>H.3 – How to Complete the Re-Affiliation Process</li> <li>Get updates on the process, find out about the latest tools and get your questions answered.</li> <li>Lynne Saunders, Senior Advisor on Field Capacity, Field Capacity &amp; Governance, NAMI, Arlington, Va.</li> <li>Bob Scott, Manager of Continuous Quality Improvement, Field Capacity &amp; Governance, NAMI, Arlington, Va.</li> </ul>
Grand Ballroom 2 (Tower Building)	<ul> <li>H.4 - How to Convince Someone to Get Treatment: The Tough First Step Convincing a troubled loved one or friend to get psychiatric help can be the biggest challenge. Learn from Dr. Komrad why people don't often get professional help and how you can work with them to achieve that goal, including methods and tactics of effective communication and persuasion.</li> <li>Mark Komrad, M.D., Psychiatrist, Sheppard Pratt Health System, Professor, Johns Hopkins University and Clinical Assistant Professor of Psychiatry, University of Maryland, Towson, Md.</li> </ul>
Governor's Square 15	H.5 - How to Develop Collaborative and Proactive Solutions (CPS): the Ins and Outs of "Plan B" Challenging behaviors in adolescents are the result of cognitive deficits: The demands on youth generally exceed their capacity to respond. Viewing challenging behaviors in this way allows the parent or teacher to look at the child rather than the behavior and follow strategic steps to teach the child to "think through" what is needed to address and eliminate the challenging behavior. Dr. Greene will share video clips with parents, teachers and youth to explain the CPS approach and demonstrate the steps to begin using it.

• Ross W. Greene, Ph.D., Professor, Department of Psychology, Virginia Tech and Founding Director, Lives in the Balance, Portland, Maine



CE 1.25

3:30 – 4:45 p.m.	"HOW TO" SESSIONS	CE 1.25	
Tower Court B (Tower Building)	<ul> <li>H.6 - How to Erase Stigma in the LGBTQI Community living a sincredibly present in the LGBTQI community living with mental illness face. Participa address these issues and learn how to feel empower communities through cultural competence.</li> <li>Jeff Zacharias, LCSW, CSAT, CAADC, Clinical D Center, Chicago</li> </ul>	ommunity of individuals living with es that members of the LGBTQI ants will be given tools to help vered as an ally for both	
Governor's Square 10	<ul> <li>In a society where children may be faced with bully need to fit in, it is no wonder that stress has contin children. With their brains continuing to develop, w to handle all the stressors of life. So how do we he how to scan a child's environment for potential str look for that may mean your child is stressed, three handle stress and anxiety and ways to eliminate er you are a parent, teacher or mental health profess support the children in your life.</li> <li>Elise N. Banks, LPC, M.S., Counselor, St. Mark's I</li> </ul>	I. Banks, LPC, M.S., Counselor, St. Mark's Episcopal School; Therapist, DK rs & Associates and Miss International, 2015; and National Ambassador,	
Governor's Square 12	<ul> <li>H.8 - How to Respond to Survivors of Suicide: N Hear from Rev. Alan Johnson and Diana Hoguet, s mental health advocates, as they share their storid and resources for survivors of suicide, including fro and Response video series. Hear an excerpt from actor, theologian and comedian Ted Swartz. Atter in the discussion, ask questions and share resource</li> <li>Diana Hoguet, M.A., Member, Board of Director Illness, Boulder, Colo.</li> <li>Rev. Alan Johnson, Co-Founder, Interfaith Netv Boulder, Colo.</li> <li>Rev. Ted Swartz, Actor, Comedian and Theolog</li> <li>Moderator: Carole Wills, M.A.R., WellSpring Mer NAMI FaithNet Advisory Group, Indianapolis</li> </ul>	survivors of suicide and energetic es and appropriate responses om the INMI Suicide Prevention "Laughter Is Sacred Space" from indees will be invited to participate ces. rs, Interfaith Network on Mental work on Mental Illness, ian, Ted & Co., Harrisonburg, Va.	
Governor's Square 14	<b>H.9 - How to Tell Your Story and Change the We</b> Your story has value and meaning to help change Whether you are a peer or family member, your st the elements of effective storytelling. Leave with a people around you on the real experience of ment • Sita Diehl Director Policy & State Outreach NA	how others view mental illness. ory makes a difference. Learn a draft of your story to educate tal illness.	

Sita Diehl, Director, Policy & State Outreach, NAMI, Arlington, Va.
Julie Erickson, M.A., Manager, National Education Programs, NAMI, Arlington, Va.



### 3:30 - 4:45 p.m.

### **"HOW TO" SESSIONS**

CE 1.25

Governor's Square 17

### H.10 - How to Use Service Dogs in Mental Health Recovery

The use of service dogs as adjunct support in mental health recovery is an increasing trend across the U.S. and may allow individuals to have a richer, more engaged life. Learn about the roles that leaders can play in providing staff and volunteers with resources and how to encourage or even dissuade the pursuit of a service dog with good communication about the lifestyle changes that are productive and challenging for individuals with a lived experience, their loved ones and mental health professionals.

- Ron Morton, M.A., 2nd Vice President, National Board of Directors, NAMI and Manager of Recovery and Resiliency, Blue Cross Blue Shield, Knoxville, Tenn.
- Carrie Roach, M.S., Chair, NAMI Consumer Council and Employment Specialist of Individualized Placement & Support, Lifetrack, St. Paul, Minn.
- Alicia Smith, Board Member, NAMI Montana, Representative, NAMI Consumer Council, Advisor to the Center for Mental Health Research & Recovery, Montana State University, Bozeman, Mont.
- Daniel O. Williams, Chair, NAMI National Veterans and Military Council and VA Peer Specialist, Birmingham VA Medical Center, Birmingham, Ala.

### H.11 - How to Use Technology, Social Media and Data Science to Prevent Veteran Suicide

Veterans with lived experience of suicide and their families want and deserve a voice when advocating for better mental health care, better science about suicide prevention and better community connectedness. Learn how veterans and their family members can use technology and social media to reach out effectively to other veterans and families, connect with their community supports and advocate to their community and health care systems for the best and most innovative approaches to suicide prevention.

• April Foreman, Ph.D., Suicide Prevention Coordinator, Southeast Louisiana Veterans Health Care System and Suicide Prevention Lead, Veterans Integrated Service Network 16/Veterans Affairs, Baton Rouge, La.

### **INTERFAITH PRAYER AND SHARE SERVICE**

Take time to reflect and contribute as the NAMI FaithNet Advisory Group combines music, prayer, words of hope, silence and remembrances in a safe and sacred space. Attendees are invited to share from their own faith traditions. Facilitators will include Rev. Alan Johnson, Kathy McNair and Rev. Ted Swartz.

### **BRINGING YOUTH AND YOUNG ADULTS TO NAMI'S STIGMAFREE CAMPAIGN**

Youth and young adults are invited to participate in an engaging and interactive discussion about youth and young adult outreach. How do we connect with those we haven't reached yet? What social media and modes of communication work best in engaging youth and young adults in campaigns? What messages resonate best to get them more involved in NAMI's stigmafree Campaign and what incentives do they have to jump aboard? Learn about NAMI's stigmafree Campaign and work in small groups to share ideas and explore new and creative ways to build the campaign and reach an even broader community.

• Moderator: Darcy Gruttadaro, J.D., Director of Advocacy, NAMI, Arlington, Va.



Tower Court D (Tower Building)

5:00-6:00 p.m. Governor's Square 12

5:00-6:15 p.m. Governor's Square 14

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6:30 – 7:30 p.m. Governor's Square 17	<b>Medication-Supported Recovery Support Group</b> Set plans for the future and medication dependence support for spiritual, emotional and physical health in a recovery and wellness journey.
7:30 – 9:00 p.m. Governor's Square 10	<b>NAMI Connection Support Group</b> Join this peer-led support group open to anyone with mental health conditions in a setting that offers respect, understanding and encouragement.

7:30 - 9:00 p.m.NAMI Family Support GroupGovernor's Square 15Join this peer-led support group

Join this peer-led support group open to family members and loved ones of people with mental health conditions.

### 7:30 – 9:30 p.m. FRIDAY NIGHT AT THE MOVIES: TOUCHED WITH FIRE CE 2.00

Plaza Ballroom A

*Touched with Fire* stars Katie Homes and Luke Kirby as two poets with bipolar disorder, whose art is fueled by their emotional extremes. When they meet in a treatment facility, their chemistry is instant and intense, driving each other's mania to new heights. They pursue their passion, which breaks outside the bounds of sanity, swinging them from fantastical highs to tormented lows until they ultimately must choose between sanity and love. Inspired by the film-maker's own struggles overcoming bipolar disorder, Paul Dalio wrote, directed, edited and scored his feature film debut. The film also includes performances by Griffin Dunne, Christine Lahti and Bruce Altman, with a cameo by Kay Jamison, author of the book Touched with Fire, the definitive work on creativity and madness. The film is produced by Jeremy Alter and Kristina Nikolova and executive produced by Spike Lee. Touched with Fire takes the audience on an authentic journey through the highs and lows of bipolar disorder and how it impacts not only individuals but their friends, families and work life. It is an outstanding film that offers a holistic portrayal of mental health and provides audiences with an inside look into one of the nation's most discussed and least understood mental health conditions.

• Moderator: Lauren Gleason, Director of Public Relations and Media, NAMI, Arlington, Va.



### SATURDAY JULY9

8:45 – 10:	30 a.m.	RESEARCH PLENA	RY	CE 1.75
Plaza Ballrool	m A	<ul> <li>Bethesda, Md.</li> <li>Steven McCarroll, Ph.D Research, Broad Institu Harvard Medical School</li> </ul>	., Director of Ger Ite and Associate	n of Translational Research, NIMH, netics, Stanley Center for Psychiatric e Professor of Genetics, cal Director, NAMI, Arlington, Va.
10:45 a.m	. – 12:00 p.m	. ACT. ADVOCATE.		
Plaza Ballrool	m A	focused on using NAMI's increase outreach efforts within mental health. The commend some of the m deserve a time to shine. V the results of the 2016 Bo	dvocate and achi Strategic Plan to , promote advoc business meetir any NAMI "super Ve will introduce to bard of Directors easurer of the Bo President Marilyn the presented dur the Award to Elaine lember Award to ate Organization	ring this session: e Peng Toni Hoy Award NAMI Alabama
	ecome a	Difference. NAMI Membe	r	
		ss than \$3 a month (\$35 a year) latest mental health updates	A	ct.
Ŷ		ne <i>Advocat</i> e magazine tional Convention registration	A	dvocate.
	Join onli	dvocate in your community ne discussion groups	A	chieve.
		<b>NAMI today at</b> rg/Get-Involved/Join	#8	nct4mentalhealth

#NAMICon16

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1:45 – 4:15 p.m.	TRAINING AND POLICY INSTITUTES	CE 2.50	
Grand Ballroom 1 (Tower Building)	<ul> <li>NAMI provides information, support and education service healing for communities affected by mental health conditions NAMI programs and support services and to learn more at and plans for the future. We will recognize new inductees Hall of Fame, and attendees will hear a motivational messe Education Inspiration Award recipient.</li> <li>Teri Brister, Ph.D., LPC, Director, Knowledge Integration</li> <li>Dawn Brown, Director, Information &amp; Engagement Ser</li> <li>Ken Duckworth, M.D., Medical Director, NAMI, Arlingto</li> <li>Karen Gerndt, M.Ed., Director, National Education Programmeters</li> </ul>	<ul> <li>Teri Brister, Ph.D., LPC, Director, Knowledge Integration, NAMI, Arlington, Va.</li> <li>Dawn Brown, Director, Information &amp; Engagement Services, NAMI, Arlington, Va.</li> <li>Ken Duckworth, M.D., Medical Director, NAMI, Arlington, Va.</li> <li>Karen Gerndt, M.Ed., Director, National Education Programs, NAMI,</li> </ul>	
	2016 NAMI Education Inspiration Award winner: Angelina M.P.A., Director of Education, NAMI Greater Houston, Hc		
Plaza Ballroom	<ul> <li>POLICY INSTITUTE: EFFECTIVE ENGAGEMENT: WHY IT MATTERS AND HOW YOU CAN BRING IT HOME</li> <li>NAMI is committed to advancing the conversation around engagement to focus on the values of dignity, respect and authentic connection and to support the needs and wishes of individuals and families. These values are at the heart of NAMI's mission to build better lives for the millions of Americans affected by mental illness. And they should inform every aspect of services and supports for individuals and families. Join us to learn about NAMI's groundbreaking report on effective engagement, and hear from experts from across the country about what works. Then join a conversation about why engagement matters and what you can do to bring it home to your community.</li> <li>Darcy Gruttadaro, J.D., Director of Advocacy, NAMI, Arlington, Va.</li> <li>Ron Honberg, J.D., Senior Policy Advisor, NAMI, Arlington, Va.</li> <li>Adrienne Kennedy, Member, National Board of Directors, NAMI, Austin, Texas</li> <li>Angela Kimball, National Director, Advocacy &amp; Public Policy NAMI, Arlington, Va.</li> <li>Ann-Marie Louison, M.S.W., Co-Director, Adult Behavioral Health Programs, CASES and Co-Founder, The Nathaniel Project, New York</li> <li>Oscar Jimenez-Solomon, M.P.H., Research Scientist and Research Coordinator, New York State Center of Excellence for Cultural Competence, New York State Psychiatric Institute, Columbia University</li> </ul>		

- Medical Center, New York
  Laura Usher, M.S., Manager, Criminal Justice & Advocacy, NAMI, Arlington, Va.
- Moderator: Mike Weaver, Chair, Policy Committee, National Board of Directors, NAMI, Charlotte, N.C.

The Richard T. Greer Advocacy Award will be presented to May Farr at this session

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	SATURDAY JULY9
4:30 – 5:30 p.m.	SPECIAL INTEREST & NETWORKING MEETINGS CE 1.00
Governor's Square 17	<b>Consumer Council Networking</b> Join leaders of the NAMI Consumer Council to share resources, advocacy strategies, program suggestions and ideas to increase outreach to people living with mental illness.
Governor's Square 11	<b>Developing Information and Engagement Services for the NAMI Community</b> Hear from NAMI staff on ways to engage people in the NAMI experience for maximum benefit, including leveraging information channels, providing HelpLine services, navigating NAMI programs, membership and volunteer-entry opportunities.
Grand Ballroom 1 (Tower Building)	<b>Federal Legislative Briefing</b> Learn about NAMI's federal legislative agenda and the current status of policy issues before Congress and the Obama Administration, including comprehensive mental health reform legislation, funding for mental illness research and services, housing and veteran's programs, as well as pending reforms to Medicare and Medicaid impacting children and adults living with mental illness.
Tower Court B (Tower Building)	<b>NAMI Education Classes</b> Come network with other leaders of NAMI's education classes as national staff share upcoming additions and changes, including new videos and shorter formats.
Governor's Square 12	<b>NAMI FaithNet Networking</b> NAMI Affiliate leaders and members are invited to network and share ideas and resources and discover what others are doing to become catalysts for change in their own communities.
Governor's Square 10	<b>NAMI National Veterans and Military Council Networking</b> Meet with Executive Council members and leaders of NAMI's National Veterans and Military Council (NVMC) to share accomplishments and explore opportunities to help warriors, veterans and their families.
Tower Court A (Tower Building)	<b>NAMI Spanish Programs</b> Network with program leaders and others about Spanish-language NAMI programs, including how to market and grow them in your community.
7:00 – 9:00 p.m.	CLOSING BANQUET
Plaza Ballroom	Join us for a joyful evening as we close out our 2016 National Convention. The banquet allows us to reflect on the achievements of the past year and draw on new energy generated by the Convention to embrace the upcoming year. Additionally, the University of Colorado, Boulder's a cappella group, Mile 21, will be performing. The Distinguished Service Award will be presented to Eric T. Schneiderman at this session The NAMI Young Leader Award will be presented to Amanda Lipp at this session The Rona and Ken Purdy Award to End Discrimination will be presented to Shannon Jaccard at this session
	Jaccard at this session The Sam Cochran Criminal Justice Award will be presented to Rick Raemisch at this Session

SATURDAY

## TIPS & USEFUL INFORMATION FOR NAMICON16

### **CONTINUING EDUCATION CONTACT HOURS**

NAMI is approved by the California Board of Registered Nursing to offer up to 21 contact hours for nurses, the Minnesota Board of Social Work to offer up to 21 contact hours for social workers, and the National Board for Certified Counselors to offer up to 21 contact hours for licensed counselors. Sessions with CE contact hours are marked in the program with the following icon: [CE 1.25]

Be sure to keep track of the sessions you attend so you have the information to complete your application. Participants are responsible for verifying with their own respective state board/ agencies that the CEs that are offered at the convention through accreditation are accepted in their home states.

Please note the following:

- \$15 fee to apply for credits.
- You must apply for credit on site each day at the convention.
- To pick up your application, visit CE check-in by the NAMI Information Desk.

### **Get Ready to Raise Awareness**

#### July: National Minority Mental Health Awareness Month

NAMI offers templates, graphics, tips and information to help you customize awareness activities for your community. Visit **www.nami.org/nmmham**.

#### September: Suicide Prevention Awareness Month

Suicide Prevention Awareness Month and World Suicide Prevention Day on Sept. 10 are times to talk about suicide prevention, promote resources and awareness and learn how to help others. Learn more at **www.nami.org/suicideawarenessmonth**.

#### Oct. 2–8: Mental Illness Awareness Week

Join mental health advocates across the country to sponsor activities, large or small, for public education about mental illness. Find inspiration at **www.nami.org/miaw**.



## **TIPS & USEFUL INFORMATION FOR NAMICON16**

### WI-FI INTERNET ACCESS

This year, complimentary internet is available in the meeting spaces and sessions throughout the Convention for e-mail, mobile app and social media access. Select "Access Point: Sheraton – Meeting Room" from the list of Wi-Fi networks on your smartphone, tablet or computer and put in the password "NAMICon16." Codes are not case-sensitive.

### SOCIAL MEDIA

#### Say "Yes" to cell phones (on vibrate)

Be part of the conversation by sharing your convention experience on Facebook, Twitter and the convention Mobile App on Guidebook.

Tweet quotes and takeaways during sessions, and be sure to take photos during the convention. Post to Twitter with our hashtag #NAMICon16.

Search for and download the "Guidebook" mobile app on your smartphone and search for "NAMI 2016 National Convention" within the app to get the full



### AUDIO RECORDINGS OF CONVENTION SESSIONS

Nearly all sessions will be recorded and will be available on CD. An order form is included in the registration packet and should be used to order the CDs, or individuals can stop by the VW Tape Sales Desk. These audio recordings are an excellent way to share the convention with NAMI State Organization and Affiliate members who were not able to attend.



### DO'S AND DON'T'S

- Do turn cellphones to vibrate or mute when attending a session as a courtesy to fellow attendees and speakers.
- Do wear your name badge at all times during the convention. It is required for entrance into the exhibit hall and sessions.
- Do pick up ribbons for your name badge at the NAMI Information Desk.
- Do check the message board located in the NAMI registration area. Messages for attendees can be posted here, and any last-minute programming changes will be listed.
- Do Tweet and use social media to talk about the convention. Use #NAMICon16 when posting.
- Do download the NAMI app, which provides another way for people to find and give support to and connect with others.
- Do ask for assistance if needed, NAMI staff members and volunteers, as well as hotel staff, are available to help.
- Do visit the NAMI Bookstore in Plaza • Court 1.
- Do donate your Closing Banquet ticket at the NAMI Registration Desk if you will not be using it; this will make it available to a volunteer working at the convention.
- Do not smoke at any convention event or in any public areas of the Sheraton. Smoking is only permitted outside the hotel building.
- Do not take reserved seats at the front of the room during the plenary sessions. These are reserved for sight-impaired, deaf and hard-of-hearing attendees.

## TIPS & USEFUL INFORMATION FOR NAMICON16

### **DINNER TICKET**

All full Convention registrants received a ticket for Saturday night's Closing Banquet with their registration materials. For those not registered for the full convention, tickets for the Closing Banquet must be purchased and are available for \$65 at the NAMI Registration Desk.

#### **NAMI RESOURCES**

Resources about NAMI services, policy issues, NAMIWalks, educational programs and all things NAMI are available at www.nami.org.

#### PHOTOGRAPHY/VIDEOGRAPHY

There may be film and photography efforts going on during the convention. Consequently, attendees may be featured in NAMI-related motion picture footage, still photographs (print) or sound recordings for art, advertising, trade or other lawful purposes. Individuals who object to being featured are asked to stop by the NAMI Information Desk to obtain DO NOT RECORD stickers for their name badges.

#### SERVICES FOR PEOPLE LIVING WITH MENTAL ILLNESS

NAMI extends a special welcome to people living with mental illness and offers several special services for them.

People living with mental illness are encouraged to visit the Welcome Center, located in Governor's Square 9 of the Sheraton. The Welcome Center offers an opportunity to relax and talk with attendees. People living with mental illness who need support or assistance are encouraged to go to the Welcome Center, where peer counselors will be available to offer assistance if needed. Prescriptions and lab services can also be arranged through the Welcome Center.

NAMI is grateful for the support of Beacon Health Options for making the Welcome Center a part of the convention. For opening hours, see page 6.

### TIPS FOR PLANNING YOUR PERSONAL CONVENTION SCHEDULE

- Review the program schedule carefully and plan your personal schedule. You will not be able to attend everything.
- Devise a schedule as a group to cover as many sesions as possible.
- Be sure to schedule breaks and rest periods for yourself
- Purchase audio recordings of the sessions you were not able to attend.
- Attend the Convention Orientation on Wednesday at 4:30 p.m., especially if you are a first-time attendee.
- To apply for CEs, you will need to visit the CE check-in each day to get your credits approved, located next to the NAMI Information Desk. Mark your attendance on your program so you can remember which sessions you attended.

### **DINING OUT**

Looking for somewhere to eat? Visit the NAMI Information Desk or the hotel concierge.

### LOST AND FOUND

Lost something? The NAMI Information Desk and hotel security serve as the lost-and-found.



## NAMI is Grateful to Our National NAMIWalks Sponsors

National NAMIWalks Elite Sponsor





National NAMIWalks Sponsor



**National NAMIWalks Partner** 

Over 300 NAMI State Organizations and NAMI Affiliates participate in NAMIWalks to raise awareness and engage supporters for the NAMI mission in their communities.

Funds raised through NAMIWalks directly support and strengthen local education programs, services and advocacy efforts for NAMI State Organizations and NAMI Affiliates across the United States.

Thanks to the support of our sponsors and participants, NAMIWalks is NAMI's largest fundraising and awareness campaign.



www.namiwalks.org



www.nannwaiks.c

### NAMI and Alpha Kappa Alpha Sorority, Inc.

NAMI is proud to partner with Alpha Kappa Alpha Sorority, Inc. (AKA), the country's oldest sorority founded by college-trained African American women.

NAMI and AKA are working together on campuses and in local communities to fight stigma and raise mental health awareness.

Are you collaborating with your AKA? Don't miss out on this exciting opportunity to expand your reach and increase your presence. Contact your local AKA.

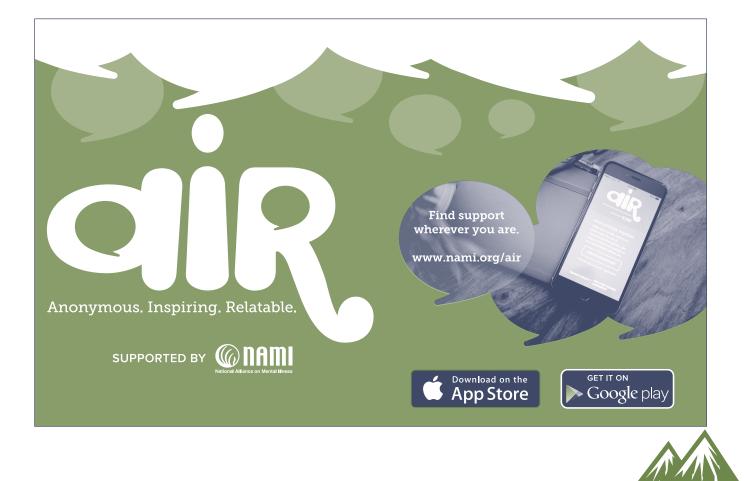


## Find out more about the partnership at www.nami.org/akaresources



**#NAMICon16** 

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## AWARDS

NAMI is proud to honor the following individuals and organizations for their outstanding work in furthering the goals of our movement.

#### **DISTINGUISHED SERVICE AWARD**

#### Eric T. Schneiderman

The Distinguished Service Award is given in recognition for exceptional efforts to further NAMI's goal of improving the lives of people living with mental illness. This year, NAMI is proud to recognize Attorney General of New York State Eric Schneiderman with the 2016 Distinguished Service Award. Between January 2014 and March 2015, Schneiderman reached five significant settlements with health insurers in an unprecedented enforcement of mental health parity. Settlements include requiring coverage of residential treatment for mental health conditions, reform of procedures for evaluating mental health claims, charging the same co-payment for outpatient visits for mental health as for primary care and more. His willingness to investigate health insurance companies, fight back against unfair practices and win large settlements is an important step forward in bringing health insurers in line with public expectations and the intent of federal law. Schneiderman's pursuit of fair coverage both inspires and offers a blueprint for other attorneys general to follow.

This award will be presented at the Closing Banquet on Saturday, July 9.

#### **GLORIA HUNTLEY AWARD**

#### **Bill Lichtenstein**

The Gloria Huntley Award is presented by the NAMI Restraints and Seclusion Committee for exemplary work in eliminating restraint and seclusion. This year, the committee is proud to recognize Bill Lichtenstein, a Peabody Award-winning journalist and documentary producer. Mr. Lichtenstein is a former ABC News investigative producer and president of the independent media production company Lichtenstein Creative Media. His work focusing on mental health followed his own diagnosis and recovery from bipolar disorder in 1986. Mr. Lichtenstein learned of the practice of restraint and seclusion when he discovered that his five-year-old daughter had been locked in an isolation room almost daily, for up to an hour at a time, over a three-month period in a public kindergarten. He has received more than 60 journalism honors including a Peabody Award, United Nations Media Award, Guggenheim Fellowship, eight National Headliner Awards and three National News Emmy Award nominations as well as NAMI's Public Education through the Media Award in 1995 and 2001. He has written for the *New York Times, The Nation, Village Voice, Boston Globe* and *Huffington Post*, among others.

This award will be presented at the Consumer Council Business Meeting on Wednesday, July 6.

#### KEN STEELE AWARD

#### **Alicia Smith**

The Ken Steele award recognizes outstanding contributions by an individual living with mental illness to improve quality of life, increase empowerment and promote integration and inclusion for other peers. The NAMI Consumer Council is proud to recognize Alicia Smith as this year's recipient of the Ken Steele award. Ms. Smith's advocacy and hope-holding techniques allow others living with mental illness to grow into their own "I can do it" level of recovery. Her efforts include working directly with the Federal Aviation Administration to rewrite rulings of in-flight service dog accompaniment. Ms. Smith has also been a strong advocate as a NAMI volunteer via her local NAMI Affiliate and NAMI Montana. She consistently applies her intelligence to critical issues that need a strong voice for change. As a tireless volunteer that intuitively understands the legislative process, she is respectful and courteous, even to those on opposite sides of an issue. Her focus and successes as a mental health advocate have helped hundreds of people in Montana and an untold number on the national level. Ms. Smith's patience, demeanor and professionalism make her a great example of a leader and an advocate.

This award will be presented at the Consumer Council Business Meeting on Wednesday, July 6.

#### LIONEL ALDRIDGE CHAMPIONS AWARD

#### Johnny Limbaugh

The Lionel Aldridge Champions Award recognizes an individual living with mental illness who exhibits courage, leadership and service on behalf of all people living with mental illness. This year, NAMI is proud to recognize Johnny Limbaugh. For almost 20 years, Mr. Limbaugh has worked to improve the lives of individuals living with mental illness. Mr. Limbaugh is the epitome of a champion peer activist as a board member, peer-to-peer mentor, Crisis Intervention Team (CIT) presenter, NAMI Smarts teacher and the activities director at an assisted-living facility for seniors. He previously served as the director of two peer-run drop-in centers and delivered the peer perspective at Florida's first CIT class in 1999. CIT continues to be his passion; he has trained thousands of police, FBI agents and dispatchers. Mr. Limbaugh continues to bring his courage, leadership and service to his work and demonstrates his commitment to NAMI as a resource to providers, law enforcement, veterans and all NAMI advocates.

This award will be presented during the Major Topic Session on Stepping Up on Thursday, July 7.

#### MULTICULTURAL OUTREACH AWARD

#### Elaine Peng

The Multicultural Outreach Award honors effective efforts to ensure that diversity and inclusion are high priorities within NAMI. This year, NAMI is proud to recognize Elaine Peng, who serves on the Board of Directors for NAMI Alameda County South, California. Ms. Peng has established strong relationships with Chinese communities in promoting NAMI programs including in both California and New York. She has transcribed traditional Chinese characters to simplified characters and now teaches NAMI Family-to-Family in Mandarin with both character sets. With her outreach to the Chinese community, she has increased attendance 150% from her first to her third class. Ms. Peng utilizes various media channels to reach out including Chinese newspapers and television programs. In addition to teaching the NAMI Family-to-Family class in Mandarin and coordinating bimonthly education meetings in Mandarin, she has established two NAMI adult caregiver support groups in Mandarin and Cantonese. Ms. Peng works continuously to make a positive difference in the lives of individuals living with mental illness and their caregivers.

This award will be presented during the Annual Business Meeting on Saturday, July 9.

#### **OUTSTANDING NAMI AFFILIATE AWARD**

#### NAMI Rochester

The Outstanding NAMI Affiliate Award is given in recognition of exceptional efforts at the local level in carrying out the NAMI mission as defined by the NAMI Standards of Excellence. This year, NAMI is proud to recognize NAMI Rochester. NAMI Rochester has demonstrated excellence in its strong board leadership, as well as in being a leader in reaching out to diverse communities through events, programs and NAMIWalks. NAMI Rochester has strengthened its presence in criminal justice mental health and veterans courts, making the way for over 700 clients to be introduced to NAMI. NAMI Rochester has also reached over 500 people in faith communities, over 600 mental health professionals and over 600 high school and college students through presentations about mental health awareness and NAMI. NAMI Rochester is a model affiliate in the state, offering NAMI Signature Programs including NAMI Family-to-Family, NAMI Peer-to-Peer, NAMI Homefront, NAMI In Our Own Voice, NAMI Parents and Teachers as Allies, NAMI Basics, NAMI Connection and NAMI Family Support Group. NAMI Rochester is the second affiliate to be endorsed by NAMI New York State and was endorsed by the NAMI Board in March 2016.

This award will be presented during the Annual Business Meeting on Saturday, July 9.



#### **OUTSTANDING NAMI MEMBER AWARD**

#### Toni Hoy

The Outstanding NAMI Member Award is the highest honor given by NAMI to a member in recognition of long and effective work toward accomplishing NAMI's goals. This year, NAMI is proud to recognize Toni Hoy, an effective advocate, author and exemplary NAMI member. In addition to writing articles, working with legislators and holding various volunteer positions with mental health initiatives and state agencies, Ms. Hoy presents in multiple states on children's advocacy. She has received multiple awards, including the 2014 Angels in Adoption Congressional Award and the 2010 Family Defense Center Parent Advocacy Recognition Award. She served as a Board member and is currently on the Advisory Board at NAMI Barrington Area. Ms. Hoy is a NAMI Family Support facilitator and NAMI Family Support state trainer. She helped draft and pass the Illinois Custody Relinquishment Prevention Act, which forms an interagency agreement between state agencies to intercept families who are not able to access funding for their children's treatment and provides mental health treatment while preserving a child's permanency. Ms. Hoy is currently working with the U.S. Department of State on federal legislation to redirect federal funds for children's mental health from the state child welfare agencies to the health and clinical state agencies.

This award will be presented during the Annual Business Meeting on Saturday, July 9.

#### **OUTSTANDING NAMI STATE ORGANIZATION AWARD**

#### **NAMI** Alabama

The Outstanding NAMI State Organization Award recognizes exceptional efforts on the state level in carrying out the NAMI mission as defined by the NAMI Standards of Excellence. This year, NAMI is proud to recognize NAMI Alabama. NAMI Alabama has demonstrated excellence in its strong board leadership and governance and in being a leader in its advocacy efforts. NAMI Alabama is fighting vigorously to rebuild the eroded mental health system in Alabama and is cultivating a new bench of impressive advocates. When facing a 30% budget cut, they galvanized the grassroots with 14 new volunteers trained at a NAMI Smarts teacher training. They hit the ground running with emails and phone calls to legislators and alerted the media. After two special legislative sessions, the mental health budget was maintained at the same level as in 2014. NAMI Alabama is a thoughtful steward of NAMI 360, expertly managing membership information and being very creative in their support of affiliates to help them increase membership. Additionally, NAMI Alabama is very involved with NAMI on re-affiliation, and the first affiliate in the state to complete the process did so with NAMI Alabama's guidance in December 2015.

This award will be presented during the Annual Business Meeting on Saturday, July 9.

#### **RICHARD T. GREER ADVOCACY AWARD**

#### **May Farr**

The Richard T. Greer Advocacy Award is named after NAMI's first legislative director and life-long grassroots advocate and recognizes leadership and vision in advocacy. This year, NAMI is proud to recognize May Farr. Ms. Farr began her lifelong service in the mental health field in the early 1950's. As a Japanese-American growing up during World War II, her family relocated to avoid the internment camps. Ms. Farr worked in a psychiatric unit and helped establish the Salt Lake City Veterans Administration Hospital. She attended the first NAMI California conference in 1979 and has participated in most conferences since. She has served on countless public and private mental health committees and boards, including the San Bernardino County Behavioral Health Commission, the Los Angeles Community Coalition, California Mental Health Planning Council, NAMI California and others. In 1996, Ms. Farr founded the NAMI Inland Valley Affiliate in San Bernardino County, California, where she continues to serve as president and teaches NAMI Signature Programs. For over 60 years, Ms. Farr has been a tireless advocate for consumers and family members, dedicating thousands of hours to advocating for parity, multicultural inclusion, stigma reduction and the NAMI mission.

This award will be presented at the Policy Institute on Saturday, July 9.



#### RONA AND KEN PURDY AWARD TO END DISCRIMINATION

#### Shannon Jaccard

The Rona and Ken Purdy Award honors an individual or organization that has done significant work in raising public awareness about mental illness and reducing stigma. This year, NAMI is proud to recognize Shannon Jaccard, who is the CEO of NAMI San Diego, serves on several boards of directors and is a Fellow with the Aspen Institute. Ms. Jaccard lost her brother, who lived with schizophrenia and was inappropriately placed in seclusion and restraints during a psychiatric hospitalization. She honors his memory by advocating for those living with mental illness. In 2002, she founded Compeer San Diego, a nonprofit that provides friendship and support to individuals with mental illness. She has created programs to fight the stigmatization and marginalization of those with lived experience and their loved ones. She also created in-home outreach teams to serve the needs of individuals and family members who have not engaged in the mental health system. Ms. Jaccard has empowered individuals and families through technology, including wellness webinars, classes and computer training. With her spirit and support from family, co-workers, friends and the community, she represents not only her brother, but all those affected by mental illness in ways that honor, respect and encourage hope.

This award will be presented at the Closing Banquet on Saturday, July 9.

#### SAM COCHRAN CRIMINAL JUSTICE AWARD

#### **Rick Raemisch**

This award is named after the founder of the Crisis Intervention Team (CIT) training program and is given to recognize outstanding work in the criminal justice system to deal fairly and humanely with people living with mental illness. This year, NAMI is proud to recognize Rick Raemisch, executive director of the Colorado Department of Corrections. When appointed in 2014, Mr. Raemisch arranged to spend a day and night in one of the state's solitary confinement cells. Since then, he has become a national advocate for reforms, including testifying before Congress and publishing an opinion editorial in the New York Times describing his personal experience in solitary confinement while advocating for alternatives to the use of solitary confinement in Colorado's prisons, with particular focus on eliminating its use for inmates living with mental illness. Colorado has also begun to implement mental health treatment alternatives and rehabilitative options for prisoners, including a mental health step-down program, job training and educational opportunities. Mr. Raemisch has worked to improve data collection on the impact of solitary confinement and treatment alternatives. Chough reforms are incomplete, Colorado is setting an example in fostering more humane treatment of prisoners, including those living with mental illness.

This award will be presented at the Closing Banquet on Saturday, July 9.

#### YOUNG LEADER AWARD

#### Amanda Lipp

NAMI's Young Leader Award recognizes a young adult between the ages of 16-30 who exhibits exceptional leadership, increases resiliency, promotes recovery, and works to ensure that young people living with mental illness live a full life in the community. This year, NAMI is proud to recognize Amanda Lipp. Ms. Lipp is a member of NAMI's Young Adult Advisory Group and NAMI's engagement advisory listening group. At age 19, she became a member of NAMI Sacramento as well as the youngest person appointed to serve on a state-level board of directors for NAMI California. She is a mixed-media production artist who is reducing stigma and promoting awareness and understanding with her work, which focuses on the intersectional empowerment of young adults and the relationship between race/ethnicity, sexual orientation and disability. Ms. Lipp has filmed, edited and produced a mental health documentary, helped design and administer the 7th International Together Against Stigma Conference and participated in a NAMI signature programs testimonial video project. She brings tremendous energy, passion and commitment to her work, engages with others with tremendous respect, and seeks views and perspectives that break new ground.

This award will be presented at the Closing Banquet on Saturday, July 9.



### **EXHIBITORS**

NAMI thanks all Convention exhibitors, whose contributions and efforts support the NAMI movement. Convention attendees are encouraged to visit the Exhibit Hall, located in the Plaza Ballroom Foyer.

#### Abraxas Youth & Family Services Canon City, Colo. – Booth 319

Abraxas Youth & Family Services operates a variety of residential, community-based, alternative education, detention and shelter services across five states. www.abraxasyfs.com

### Alkermes

#### Waltham, Mass. – Booth 201

Alkermes is a biopharmaceutical company that focuses on central nervous system diseases. Alkermes applies scientific expertise, technologies and global resources to develop products that are designed to help with treatments for major clinical conditions, specifically central nervous system disorders such as schizophrenia, addiction and depression. www.alkermes.com

#### Allsup

#### Belleville, III. – Booth 205

Allsup and its subsidiaries provide nationwide Social Security disability, veterans disability appeal,

re-employment, exchange plan and Medicare services. For a free SSDI eligibility screening or re-employment services, visit our website.

www.Expert.Allsup.com and www.AllsupES.com.

#### Anthem

#### Richmond, Va. – Booth 101

Anthem and its affiliated health plans have 19 years of experience and currently serve 5.2 million beneficiaries of state-sponsored programs in 19 states, including older adults, low-income families, adults and children with physical disabilities, brain injuries, intellectual and developmental disabilities, severe mental illnesses and children with serious emotional disturbances. www.anthem.com

#### Ask the Psychiatric Pharmacist Booth 109

Members of the College of Psychiatric and Neurologic Pharmacists (CPNP) will answer medication questions and may offer information sessions regarding medications.

#### Assurex Health Mason, Ohio – Booth 105

Assurex Health is an informatics-based precision medicine company providing treatment decision support to healthcare providers for behavioral health and chronic pain conditions. It was founded in 2006 with licensed, patented technology from the Mayo Clinic and Cincinnati Children's Hospital Medical Center, which continue to be research collaborators. www.assurexhealth.com

#### Austen Riggs Center Stockbridge, Mass. – Booth 208

The Austen Riggs Center is a small, nonprofit, open psychiatric continuum of care specializing in the psychotherapeutic treatment of psychiatric disorders. The center has been providing treatment for over 90 years and is known for its respectful work with emotionally troubled individuals who have failed to benefit from previous treatment. www.austenriggs.org

#### Beacon Health Options Norfolk, Va. – Booth 206

Beacon Health Options is a health-improvement company that serves 48 million individuals across the globe. As a national leader in mental and emotional well-being, substance use, recovery and resilience, employee assistance and wellness, they are committed to stamping out the stigma associated with mental illness and substance use.

www.beaconhealthoptions.com

#### Behavioral Healthcare, Inc. Aurora, Colo. – Booth 406

Behavioral Healthcare, Inc. (BHI) is a nonprofit organization that takes care of all Medicaid mental health services in Arapahoe, Douglas and Adams counties, as well as the City of Aurora. Its goal is to identify the proper kinds of mental health care specific to the needs of the individual. www.bhicares.org

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#### Boys Town National Research Hospital Omaha, Neb. – Booth 321

The Boys Town Residential Treatment Center is designed to offer medically directed care for more seriously troubled youth who require supervision, safety and therapy but do not require inpatient psychiatric care. The program offers around-the-clock supervision, locked facilities, and numerous other safety and program features. www.boystownhospital.org

#### *bp Magazine* and *esperanza* Buffalo, N.Y. – Booth 217

*bp Magazine* and *esperanza* are award-winning quarterly magazines that serve to empower people living with bipolar disorder, anxiety and depression. Both publications deliver cutting-edge research and news, and are packed with in-depth features and first-hand accounts of celebrities and "everyday heroes" striving toward their own recovery.

www.bphope.com and www.hopetocope.com

#### Brain & Behavior Research Foundation New York – Booth 218

The Brain & Behavior Research Foundation focuses on mental health research and awards grants that strive to lead to advances and breakthroughs in scientific research. Since 1987, the Foundation has awarded more than \$342 million to fund more than 5,000 grants to more than 4,000 leading scientists around the world. www.bbrfoundation.org

#### Cenpatico

#### Austin, Texas – Booth 400

Cenpatico provides comprehensive managed behavioral health care services for underserved populations in behavioral health, foster care, and specialty therapy and rehabilitation. Cenpatico has managed Medicaid and other public-sector benefits since 1994 and currently serves over 4.5 million members. Cenpatico is committed to finding innovative solutions and designing programs tailored to improving functional outcomes with their members. www.cenpatico.com

#### Clubhouse International New York – Booth 303

Clubhouse International is a nonprofit organization helping create sustainable mental health solutions by developing and nurturing community-based centers that offer people living with mental illness opportunities for friendships, employment, housing, education and support with health and social services in a caring and safe environment.

www.clubhouse-intl.org

#### College of Psychiatric and Neurologic Pharmacists Lincoln, Neb. – Booth 107

The College of Psychiatric and Neurologic Pharmacists (CPNP) is a professional association with a mission to advance the reach and practice of neuropsychiatric pharmacists. Its members work directly with patients and caregivers to apply specialized clinical knowledge and skills. www.cpnp.org

#### Colorado Recovery Boulder, Colo. – Booth 402

Colorado Recovery provides adults with schizophrenia, bipolar disorder and other mental illnesses access to community-based residential treatment, transitional housing, intensive outpatient treatment and social-vocational rehabilitation services. www.coloradorecovery.com

#### Connect 4 Mental Health Deerfield, III. – Booth 103

Connect 4 Mental Health® is a nationwide initiative that calls for communities to prioritize serious mental illness. The campaign encourages greater collaboration among mental health communities and other community-based organizations, such as emergency services, law enforcement and public housing, to implement localized programs and services that help support the estimated 1 in 17 Americans living with serious mental illness, their families and the communities in which they live. www.connect4mentalhealth.com

#### CoopeRiis Healing Community Mill Spring, N.C. – Booth 204

CooperRiis Healing Community serves adults with complex mental health issues. Residents discover new ways of coping through milieu therapy, group and individual therapy, psychopharmacology, nutrition and exercise counseling. Individuals are given treatment with mental health science within a healing milieu that helps them move toward fulfilling and hopeful lives. www.cooperriis.org



### **EXHIBITORS** CONTINUED

#### DBTSkillsCoaching.com Houston – Booth 408

The Houston Dialectical Behavior Therapy (DBT) Center offers an Intensive Outpatient Program (IOP) consisting of nine hours of therapy per week, regular weekly DBT sessions with a skills group and regular weekly DBT sessions.

www.houstonDBTcenter.com

### Destination Hope

#### Ft. Lauderdale, Fla. – Booth 309

Destination Hope is a joint commission, accredited, dual diagnosis treatment center that provides substance abuse and mental health treatment. www.destinationhope.net

#### The Eating Disorder Foundation Denver – Booth 304

The Eating Disorder Foundation strives to be an effective resource in the prevention and elimination of eating disorders through education, support and advocacy. It offers a wide range of support services and statewide educational presentations, all provided at no cost.

www.eatingdisorderfoundation.org

#### Equitas Foundation Englewood, Colo. – Booth 315

Equitas Foundation focuses collective problem-solving energy on disentangling the nation's management of mental health from the criminal justice system. www.merage-equitas.org

#### Gould Farm Monterey, Mass. – Booth 216

Gould Farm is a community for psycho-social rehabilitation providing clinically progressive services for adults with psychotic and/or affective disorders. Residential treatment and training supports internalization of diverse skills for sustained symptom management, meaningful employment and enriched relationships.

www.gouldfarm.org

#### Grand Canyon University Phoenix – Booth 404

Founded in 1949, Grand Canyon University is a premier, private Christian university that offers over 100 online and campus-based degree programs and concentrations.

www.gcu.edu/College-of-Doctoral-Studies

#### Heinz C. Prechter Bipolar Research Fund Ann Arbor, Mich. – Booth 219

The mission of the Heinz C. Prechter Bipolar Research Fund is to provide a repository of longitudinal clinical, genetic and biological data to investigators worldwide for collaborative research on the causes, prevention and treatment of bipolar disorder. www.prechterfund.org

#### Janssen Pharmaceuticals, Inc. Titusville, N.J. – Booths 200 and 202

Janssen Pharmaceuticals, Inc. is a pharmaceutical company of Johnson & Johnson that provides medicines for health concerns in several therapeutic areas, including diabetes, mental health, pain management and cardiovascular disease. www.janssenpharmaceuticalsinc.com

#### Lakewood Center Fern Park, Fla. – Booth 215

La Amistad Foundation, Inc., dba Lakewood Center, is a private, nonprofit, residential psychiatric treatment facility for adults with schizophrenia, bipolar, depression and spectrum disorders that offers an independent living program. The nursing, social work, activities, work program and direct care staff provide a safe and active community.

www.lakewoodcenter.org

#### Make the Connection (U.S. Department of Veterans Affairs) Alexandria, Va. – Booth 307

Make the Connection is a U.S. Department of Veterans Affairs (VA) campaign that connects veterans and their family members and friends with mental health information and services to discover ways to live more fulfilling lives. Make the Connection is also on Facebook and YouTube. www.maketheconnection.net

#### The Medical Center of Aurora, Behavioral Health Services Aurora, Colo. – Booth 313

The Medical Center of Aurora's Behavioral Health Services include adult inpatient, senior inpatient, adult intensive outpatient and adolescent inpatient. It is dedicated to providing state-of-the-art psychiatric care for individuals and loved ones to experience the highest quality of treatment and care. www.auroramed.com/service/behavioral-health

#### The Menninger Clinic Houston – Booth 300

The Menninger Clinic is a leading inpatient psychiatric hospital dedicated to treating individuals with complex mental illness, including severe mood, personality, anxiety and addictive disorders. They are committed to teaching future mental health professionals and advancing mental health care through research. www.menningerclinic.com

#### Merry Meadow Farm Bradford, Vt. – Booth 214

Merry Meadow Farm is a licensed therapeutic community blending group therapy, individual therapy, vocational supports and meaningful activities together to help individuals maximize their potential. www.merrymeadowfarm.com

#### NAMI EasySite

#### Sacramento, Cali. – Booth 316

NAMI EasySite is a quick and economical solution for NAMI State Organizations and Affiliates who want to improve their web presence, deliver important information to members and supporters and take advantage of online donations. Sites are mobile compliant, secure and easy to update. www.namieasysite.com

### National Association for Premenstrual Dysphoric Disorder

#### Denver - Booth 306

The National Association for Premenstrual Dysphoric Disorder (PMDD) strives to bridge the gap between mental and premenstrual health and supports and advocates for women with PMDD. www.napmdd.org

#### National Institute of Mental Health Rockville, Md. – Booth 305

The National Institute of Mental Health is the lead federal agency for research on mental disorders. NIMH is one of the institutes and centers that make up the National Institutes of Health, the nation's medical research agency. www.nimh.nih.gov

#### National Organization of Social Security Claimants' Representatives

#### Englewood Cliffs, N.J. – Booth 302

The National Organization of Social Security Claimants' Representatives (NOSSCR) is an association of attorneys and others who represent claimants for SSDI and SSI benefits. To consult a local lawyer about your case, call its referral service. To get answers to your questions about these disability programs, visit its website. www.nosscr.org

#### NEA.BPD

#### Bainbridge Island, Wash. – Booth 320

NEA.BPD is the nation's leading 501(c)(3) on borderline personality disorder raising public awareness and providing education and research to enhance the quality of life for families, professionals and those affected by borderline personality disorder. NEA.BPD also provides an extensive online resource center. www.borderlinepersonalitydisorder.com

#### Neurocrine Biosciences, Inc. San Diego – Booth 207

Neurocrine Biosciences, Inc. discovers and develops innovative pharmaceuticals. Neurocrine's efforts are focused on conditions with high unmet medical needs, specifically in neurological and endocrine-based diseases and disorders. www.neurocrine.org

#### NeuroStar TMS Therapy Malvern, Pa. – Booth 308

NeuroStar is a TMS therapy for drug-resistant depression with 1 million treatments performed. NeuroStar uses a high-powered magnet similar to MRI to stimulate brain regions associated with mood. 58% of those treated respond. 37% achieve full remission from depression. Therapy is covered by most health plans. Visit our booth! www.NeuroStar.com

#### NIMH Schizophrenia Research Program, National Institutes of Health, Department of Health and Human Services

#### Bethesda, Md. – Booth 115

The National Institute of Mental Health (NIMH) inpatient program combines state-of-the-art research with excellent clinical care. Outpatient studies seek to understand the genetic and non-genetic factors that increase risk for schizophrenia. Applications are currently being accepted. Volunteers for research receive state-of-the-art evaluations and contribute to future knowledge and treatments. www.nih.gov

#### OmegaBrite Las Vegas – Booth 314

OmegaBrite is a high-concentrate pharmaceutical grade omega-3 supplement designed for mind, heart and joint health that was formulated by Dr. Locke while on faculty at Harvard Medical School. www.omegabrite.com



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### **EXHIBITORS** CONTINUED

#### On Second Thought: From Iffy to Witty Thoughts West Islip, N.Y. – Booth 203

On Second Thought is a program designed for children between the ages of 8-12 that teaches cognitive behavioral principles in a kid-friendly format. This program is offered on a number of different platforms, including on Smart Board, IOS, Android and Windows products.

www.drteresabusto.com

#### PRIDE Institute Minneapolis – Booth 117

The PRIDE Institute is a substance abuse treatment center exclusively for the LGBTQ community. Founded in 1986, the Institute is the nation's first and leading provider of residential treatment programs and outpatient treatment programs devoted to treating the substance-abuse and mental health needs of the LGBTQ community.

www.pride-institute.com

#### Psych Central Bradford, Mass. – Booth 212

Psych Central is a mental health resource established in 1995 that provides free online support groups, quizzes and information on psychology, mental illness and relationships to over 8 million people each month. www.psychcentral.com

#### SageSurfer

#### Fremont, Calif. – Booth 209

SageSurfer develops collaboration and content-management products designed to support health care and mental health interactions in team-based environments, and to increase efficiency and improve outcomes for facilitated processes that require people and enterprises to collaborate with internal and external systems and stakeholders. www.sagesurfer.com

## Schizophrenia and Related Disorders Alliance of America (SAARDA)

#### Houston – Booth 318

Schizophrenia and Related Disorders Alliance of America (SARDAA) promotes improvement in lives affected by schizophrenia-related brain illnesses. SARDAA promotes hope and recovery through support programs, education, collaboration and advocacy. www.sardaa.org

#### Sovereign Health Group San Clemente, Calif. – Booth 113

Sovereign Health Group offers high-quality and comprehensive addiction, dual diagnosis, eating disorder and mental health treatment programs for adults and adolescents, including support services for the family system. Sovereign's innovative, holistic approaches provide individuals with tools for a lasting recovery.

www.sovhealth.com

#### Strategic Behavioral Health Colorado Springs, Colo. – Booth 213

Founded in 2006, Strategic Behavioral Health continues to strive to be one of the top behavioral healthcare organizations in the U.S. Its goal is to help patients overcome challenges and create a positive environment with compassionate caregivers, family and friends that help individuals recover during and after treatment.

www.strategicbh.com

#### SyneuRx

#### Germantown, Md. – Booth 312

SyneuRx is a biotech company pioneering revolutionary new classes of drugs to answer the unmet medical needs in brain disorders including schizophrenia, depression and dementia. The drugs modulate the brain function mediated by the most abundant neurotransmitter in the brain, glutamate and its binding receptor, named NMDA. www.syneurx.com

#### University of Phoenix College of Social Sciences Tempe, Ariz. – Booth 301

The University of Phoenix<sup>®</sup> College of Social Sciences offers undergraduate and graduate programs in psychology, human services and counseling, including the Master of Science in Counseling/Clinical Mental Health Counseling. The programs are designed to help students acquire a deeper understanding of human behavior and help prepare them to become social heroes in their communities. www.phoenix.edu/social-sciences

#### Vista Points Special Needs Trusts Mount Juliet, Tenn. – Booth 317

Vista Points Special Needs Trusts & Resource Center is a nonprofit organization that serves as trustee for people of any age who are living with a physical or intellectual disability. Vista Points promotes the advantages of Special Needs Trusts through community outreach and educational programs. www.vistapoints.org



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